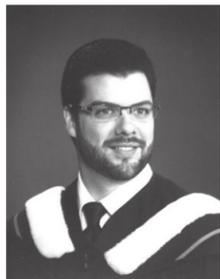


Spinal Cord Injury Manitoba Inc.

Mission: To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



Living Life to the Fullest



Nature and Purpose of Spinal Cord Injury Manitoba Inc.

SCI Manitoba is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters; SCI Manitoba employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

SCI Manitoba's Core Services

SCI Manitoba operationalizes its Mission through SCI Manitoba's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention in hospital; Reintegration—community services upon return home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. SCI Manitoba offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

SCI Manitoba strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

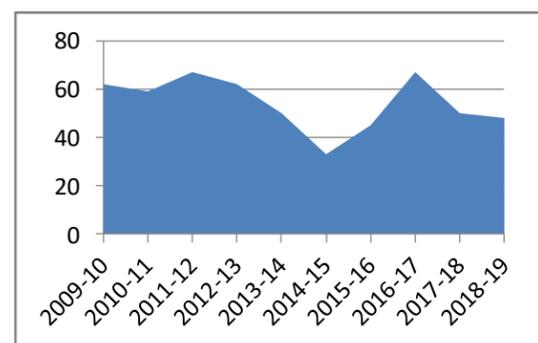
SCI Manitoba provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



48 new SCI between April 1, 2018 & March 31, 2019:

- 23 traumatic, 25 non-traumatic
- 33 paraplegia, 15 tetraplegia
- 15 complete, 33 incomplete injuries
- 33 aged 10 to 65 and 151 aged 65 and over
- 31 male, 17 female
- 36 non-Indigenous, 12 Indigenous

Outputs—Information Services

Our new SCI Manitoba website www.scimanitoba.ca is maintained by webmaster George Tataryn. In addition to the information contained on this website, SCI Manitoba provides information resources including:

- ParaTracks (provincial newsletter)
- Life After Spinal Cord Injury manual
- Life After Spinal Cord Injury for Incomplete Spinal Cord Injuries manual
- Guide to Pressure Ulcer Prevention manual
- Children's book "....so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families manual

- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program
- Brochures, articles, videos about SCI issues.
- Targeted education sessions

Outputs—Client Services

SCI Manitoba's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 10,446 client services outputs during the year for 460 clients (see Services Table).

Services Table

Type of Service:	# of Services Provided:	% of Total Services Provided:
Accommodation	528	6%
Education/Vocational	1313	15%
Employment/Vocational	698	8%
Equipment & Supplies	580	7%
Family & Other Significant Relationships	249	3%
Financial	598	7%
Health & Wellness	3935	47%
Legal Issues	124	1%
Recreation & Leisure	144	1%
Sexuality	47	1%
Transportation	233	3%
Overall Services Coordination/Quality Assurance	3052	27%
TOTALS:	11,501	127%

Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year. This improves exchange of relevant information on priority issues to encourage full community participation for persons with SCI. Ongoing community collaboration included:

- Addictions Foundation of Manitoba
- Assistive Technology, Health Sciences Centre
- Barrier-Free Manitoba Initiative
- Behavioural Health Foundation of Manitoba
- Canada-Manitoba Job Grants

- Canada Pension Plan
- Career Connections
- Centre for Aboriginal Resource Development
- City of Winnipeg Access Advisory Committee
- Civil Service Commission
- Claimant Advisor's Office—Province of Manitoba
- Community Area Directors—Winnipeg Integrated Services
- Community Financial Counselling
- Disabilities Issues Office of Manitoba
- Employment Preparation Centre
- Farmers with Disabilities
- First Nations & Inuit Health Branch
- Flor Marcelino, MLA—Logan
- Garden Valley School Division
- Geriatric Mental Health Team
- Grace Hospital (PANSU) and Occupational Therapy
- Handi-Transit Policy Advisory Committee
- Health Sciences Centre Children's and General Hospitals
- Health Sciences Centre Rehabilitation Hospital SCI Program Management Team
- Health—Regional Policy & Prog. Acute, Tertiary & Special Care
- Hon. Cameron Friesen, Winkler-Morden, Minister of Finance
- Identification of presenters to schools & other community systems
- Individual Employers
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Clinic
- Legal Aid
- Manitoba Employment Equity Practitioners Association of MB
- Manitoba Institute of Trade & Technology
- Manitoba Spinal Cord Injury Research Committee
- Murdoch MacKay High School
- Parking Permit Advisory Committee
- Provincial Solutions Committee
- Reaching Equality Employment Services
- Red River College
- Rehabilitation resources to community, citizens, business, etc.
- Residential Tenancy Branch
- Riverview Health Centre
- Sargent Park High School
- SMD Children's Services
- SouthEastern Literacy Service
- Steps 2 Work
- Ten Ten Sinclair Housing Inc. Board of Directors
- Therapy First
- United Way of Winnipeg
- University of Manitoba
- University of Maryland Eastern Shore
- University of Winnipeg
- Volunteer Association of Manitoba
- Winnipeg Airport Authority
- Winnipeg Regional Health Authority—Wound Care Committee, Clinical Nurse Specialist, Home Care, Community Infection Prevention & Control, Nurse Educator for Home Care Nursing, Home Care Support Team
- Workers Compensation Board of Manitoba



2018/19
Annual Report

Version française disponible à: www.scimanitoba.ca
French version available at: www.scimanitoba.ca

President and Executive Director's Report

Our association has completed this year in a positive financial position allowing for the successful continuation of programs. This has maintained important services to Manitobans with spinal cord injury; supporting their goals and encouraging community participation.

Enhancing our public image was improved this year through the completion of our new website that incorporates our new name Spinal Cord Injury Manitoba Inc. We are now aligned with our National Federation which utilizes one consistent name throughout most of Canada. The evolution of our name from Paraplegia to Spinal Cord Injury provides a clearer reflection of the range of the people living with a spinal cord injury that are eligible for services. We welcome you to visit our website which has been updated and completely redesigned to be more responsive to all devices and platforms.

SCI Manitoba participated in an awareness heightening event again this year involving "Take Your Member of the Legislative Assembly to Work". Two of our members participated where they each had an MLA visit them at their workplace. As reported in our ParaTracks newsletter article...These members, with support from their SCI MB Rehabilitation Counsellors, were able to identify vocational goals, secure training funds and achieve their vocational potential. These members shared their success stories with MLAs, allowing representatives of the provincial government to see the value/return on investment and appreciate the significant contributions made by persons with disabilities, both to the workforce and to the community. It also reinforces that non-profit agencies like SCI MB that rely on government funding, are essential services that result in positive outcomes.

Professionalism continued to be an integral component of our operations and in organizational transition planning for future sustainability. The importance of employing qualified staff has been demonstrated in our providing specialized training through a memorandum of understanding with the University of Maryland South Eastern Shore. This agreement has resulted in staff being accepted into their Master's in Rehabilitation Counselling Program. This will allow staff the opportunity to attain courses required to become "Certification for Rehabilitation Counselors", an internationally recognized professional designation. This has enhanced knowledge and practices thereby increasing the quality of service to our members. Eventually the staff will meet the criteria to sit the professional credentialing examination.

The SCI National Office has been focused this last year on leading an alliance of disability-related stakeholders for Federal Accessibility Legislation. In this timeframe outcomes include: the creation of Bill C-81, which has passed through Senate and will likely be debated prior to summer recess in the House prior to a vote and potential royal assent.

Many people have helped facilitate our association to fulfill its mission and the success of the past year is due to their commitment. The financial support provided by

by our funders ensured our services continued to meet the needs of our members. Our volunteer Board of Directors donated their time and energy to understand and address the issues affecting our stakeholders. This understanding has assisted our Board to provide the ongoing input to set and prioritize the direction of our association. And finally our staff, whose compassion and hard work, as well as effective management of resources, has ensured consistent ethical service delivery. We thank all of you for your expertise and dedication. Through your contribution our association has met many of its challenges over the last year.

There continues to be challenges ahead and many needs yet to be fulfilled. There is a significant lack of safe, affordable, accessible housing for our stakeholders. We continue to work with allied health care professionals and ancillary community service providers to bring the issues forward and contribute to finding a solution. Without strong leadership from the community and committed collaboration and partnership from the government, we will not see a concentrated effort to tackle this critical issue and ensure community inclusiveness.

Sustainable funding challenges affect many non-profit agencies in our province, including SCI Manitoba. While we have been able to secure most of our ongoing multi-year funding agreements, we are currently awaiting confirmation of renewal funding for our 5-year "Achieving Manitoba's Priorities - SCI Research and Care" initiative. The success over the last five years of this initiative has been significant and our direct services have benefitted from the continued support to our members through service expansion to address the increasing demands for health related services. This funding allows the continuation of critical services like the prevention and healing of pressure ulcers and the development of self-managed health skills. These initiatives save millions of dollars, when surgery to heal pressure sores is avoided, as well as and most importantly, the pain and suffering of members, the inability to maintain employment and self-reliance, and reduced quality of life for our constituents. We hope to continue forward for an additional 5-year

SCI Manitoba Staff

Ron Burky—Executive Director
Darlene Cooper—Director of Rehabilitation Services
Adrienne Conley—Executive Assistant
Denise Balliet—Accounting Officer
Maria Cabas—Rehabilitation Counsellor
Laurence Haien—Senior Rehabilitation Counsellor
Gail Burnside—Rehabilitation Counsellor
Melanie White—Rehabilitation Counsellor
Kelly Tennant—Rehabilitation Counsellor
Bernard Gaudet—Rehabilitation Counsellor
Delcy Selymes—Rehabilitation Counsellor
LéAmber Kensley—Rehabilitation Counsellor
Artem Dolia*—Rehabilitation Counsellor Assistant

*paraplegic or tetraplegic

Canadian Paraplegic Association (Manitoba) Inc. Summarized Financial Statements March 31, 2018

Financial Position

	March 31, 2018	March 31, 2017
Assets		
Cash	\$114,784	\$85,316
Accounts receivable	117,925	133,857
Prepaid expenses	8,734	20,489
Fixed assets	17,582	9,847
Trust assets	433,166	402,182
	\$692,191	\$651,691
Liabilities and Net Assets		
Accounts payable and accrued	\$24,387	\$11,209
Government remittances	—	7,516
Accrued vacation pay	48,828	46,087
Deferred revenue	37,851	42,631
Funds held in trust	—	16,208
Trust liabilities	433,166	402,182
Net assets	147,959	125,858
	\$692,191	\$651,691

Independent Auditor's Report

To the Members of Canadian Paraplegic Association (Manitoba) Inc.
The accompanying summary financial statements, which comprise the summary statement of financial position as at March 31, 2018, and the summary statement of revenue and expenses and changes in net assets for the year then ended, are derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2018. We expressed an audit opinion on those financial statements in our report dated June 19, 2018. The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc.

Management's Responsibility for the Summary Financial Statements: Management is responsible for the preparation of a summary of the audited financial statements. **Auditor's Responsibility:** Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, "Engagements to Report on Summary Financial Statements".

Opinion: In our opinion, the summary financial statements derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2018 are a fair summary of those financial statements.

DELOITTE—Chartered Professional Accountants
Winnipeg, Manitoba—June 19, 2018

Revenue and Expenses and Changes in Net Assets

	2018	2017
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$290,433	\$290,440
United Way of Winnipeg	129,374	131,921
Winnipeg Regional Health Authority	57,888	57,888
Workers Compensation Board	20,000	20,000
Rick Hansen Foundation		
Quality of Life Grant	780	2,380
SCI Canada Project Grants	900	—
	499,375	502,629
Fees for service	20,417	20,000
Miscellaneous	24,878	27,407
Recovery of equip. & training costs from/on behalf of paraplegics	49,181	71,981
Total revenue	593,851	622,017
Expenses		
Amortization of fixed assets	4,045	4,403
Rehabilitation Services Program	401,369	404,534
Advocacy/Information Program	114,375	114,702
Vocational assistance	49,181	71,981
Canadian Accessibility Inclusion Project	2,000	3,000
Quality of Life Grant	780	2,380
Total expenses	571,750	601,000
Excess of Revenue Over Expenses	22,101	21,017
Net Assets, beginning of year	125,858	104,841
Net Assets, end of year	\$147,959	\$125,858

A complete set of financial statements and Auditor's Report may be obtained from the Association.

SCI Manitoba Board of Directors

Art Braid*—Executive
Corrine Deegan*
Jeannette Gougeon
Lyll Hallick
Dan Joannis*
Norm Magnusson
Ron May
Audrey McIlraith*
Barbara Rapson
Leonard Steingarten*—President
Adam Terwin—Treasurer
Tim Toor

*paraplegic or tetraplegic

Treasurer's Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2018/2019 year resulting in an Excess of Revenue over expenses of \$14,649.

Our major revenue sources were very consistent with the prior year, thanks to steady support from SCI Manitoba's key funders. Overall there was a revenue increase of \$32,065 as a result of a number of increases in Recovery of Equipment and Training Costs.

Our expenses increased by a corresponding \$39,517. Our key expenditures on the Rehabilitation Programs and Advocacy Programs were consistent with the prior year enabling SCI Manitoba to deliver consistent level of services.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of SCI Manitoba's programs and services.

I wish to thank our Accounting Officer, Denise Balliet for her hard work and dedication, and thank Deloitte LLP for their services in the preparation of our Audited Financial Statements.

—Adam Terwin, Treasurer

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

- Patricia & Dieter Bonas
- Arthur Braid
- Ken Davis
- Corrine Deegan
- Sandra Doerksen
- Marjorie Dyck
- Greg Erlendson
- Ed Giesbrecht
- Andrew Hallonquist
- Ernie Hasiuk
- Dan Joannis
- Derek Legge & Kay Stewart
- Audrey McIlraith
- Barbara Millward
- George Murphy
- Glen & Dawn Recknell
- Jim Richardson
- Arnie & Orpha Schryvers
- George Silar
- Calvin Sinclair
- Spinal Cord Research Centre—U of M
- Leonard Steingarten
- June Thomson

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee, and by informing CPA clients and members of research participation opportunities.