

Spinal Cord Injury Manitoba Inc.

Mission: To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



Living Life to the Fullest



2018/2019 Annual Report

Version française disponible à: www.scimanitoba.ca
French version available at: www.scimanitoba.ca

Nature and Purpose of Spinal Cord Injury Manitoba Inc.

SCI Manitoba is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters; SCI Manitoba employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

SCI Manitoba's Core Services

SCI Manitoba operationalizes its Mission through SCI Manitoba's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention in hospital; Reintegration—community services upon return home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. SCI Manitoba offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

SCI Manitoba strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

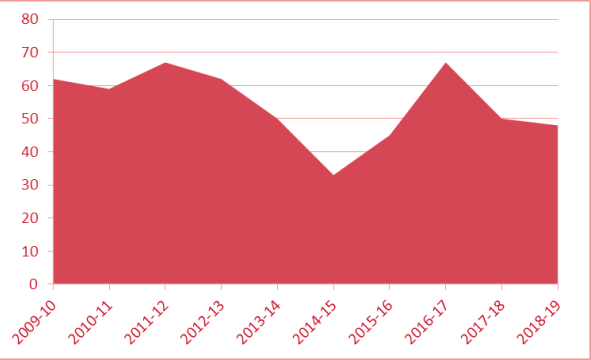
SCI Manitoba provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



48 new SCI between April 1, 2018 & March 31, 2019:

- 23 traumatic, 25 non-traumatic
- 33 paraplegia, 15 tetraplegia
- 15 complete, 33 incomplete injuries
- 33 aged 10 to 65 and 15 aged 65 and over
- 31 male, 17 female
- 36 non-Indigenous, 12 Indigenous

Outputs—Information Services

Our new SCI Manitoba website www.scimanitoba.ca is maintained by webmaster George Tataryn. In addition to the information contained on this website, SCI Manitoba provides information resources including:

- ParaTracks (provincial newsletter)
- Life After Spinal Cord Injury manual
- Life After Spinal Cord Injury for Incomplete Spinal Cord Injuries manual
- Guide to Pressure Ulcer Prevention manual
- Children's book "....so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families manual

- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program
- Brochures, articles, videos about SCI issues.
- Targeted education sessions

Outputs—Client Services

SCI Manitoba's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 11,501 client services outputs during the year for 516 clients (see Services Table).

Services Table

Type of Service:	# of Services Provided:	% of Total Services Provided:
Accommodation	528	6%
Education/Vocational	1313	15%
Employment/Vocational	698	8%
Equipment & Supplies	580	7%
Family & Other Significant Relationships	249	3%
Financial	598	7%
Health & Wellness	3935	47%
Legal Issues	124	1%
Recreation & Leisure	144	2%
Sexuality	47	1%
Transportation	233	3%
Direct Services Subtotal	8449	100%
Indirect Services Subtotal (Overall Services Coordination/Quality Assurance)	3052	
TOTAL:	11,501	

Outputs—Community Advocacy

In addition to regular client services activities, SCI Manitoba was involved in a wide variety of community advocacy activities this past year. This improves exchange of relevant information on priority issues to encourage full community participation for persons with SCI. Ongoing community collaboration included:

- Addictions Foundation of Manitoba
- Assistive Technology, Health Sciences Centre

- Barrier-Free Manitoba Initiative
- Behavioural Health Foundation of Manitoba
- Canada-Manitoba Job Grants
- Canada Pension Plan
- Career Connections
- Centre for Aboriginal Resource Development
- City of Winnipeg Access Advisory Committee
- Civil Service Commission
- Claimant Advisor's Office—Province of Manitoba
- Community Area Directors—Winnipeg Integrated Services
- Community Financial Counselling
- Daniel McIntyre Collegiate Institute
- Disabilities Issues Office of Manitoba
- Employment Preparation Centre
- Farmers with Disabilities
- First Nations & Inuit Health Branch
- Flor Marcelino, MLA—Logan
- Geriatric Mental Health Team
- Concordia Hospital (PANSU)
- Winnipeg Transit Plus Policy Advisory Committee
- Health Sciences Centre Children's and General Hospitals
- Health Sciences Centre Rehabilitation Hospital SCI Program Management Team
- Health—Regional Policy & Prog. Acute, Tertiary & Special Care
- Identification of presenters to schools & other community systems
- Individual Employers
- Joint Community & Government Members Committee on Disability-Related Employment & Income Assistance Issues
- Klinik
- Legal Aid
- Manitoba Employment Equity Practitioners Association of MB
- Manitoba Institute of Trade & Technology
- Manitoba Spinal Cord Injury Research Committee
- Parking Permit Advisory Committee
- Provincial Solutions Committee
- Red River College
- Rehabilitation resources to community, citizens, business, etc.
- Residential Tenancy Branch
- Riverview Health Centre
- Sargent Park High School
- SMD Self-help Clearinghouse
- South Eastman Literacy Service
- Specialized Services for Children & Youth Centre (SSCY)
- Steps 2 Work
- Ted Marcelino, MLA-Tyndall Park
- Ten Ten Sinclair Housing Inc. Board of Directors
- Therapy First
- United Way of Winnipeg
- University of Manitoba
- University of Maryland South Eastern Shore
- University of Winnipeg
- Volunteer Association of Manitoba
- Winnipeg Airport Authority
- Winnipeg Regional Health Authority—Wound Care & Clinical Nurse Specialist, Home Care Program Support Team
- Workers Compensation Board of Manitoba

President and Executive Director's Report

Our association has completed this year in a positive financial position allowing for the successful continuation of programs. This has maintained important services to Manitobans with spinal cord injury; supporting their goals and encouraging community participation.

Our public image was enhanced this year through the completion of our new website that incorporates our new name Spinal Cord Injury Manitoba Inc. We are now aligned with our National Federation which utilizes one consistent name throughout most of Canada. The evolution of our name from Paraplegia to Spinal Cord Injury provides a clearer reflection of the range of the people living with a spinal cord injury that are eligible for services. We welcome you to visit our website which has been updated and completely redesigned to be more responsive to all devices and platforms.

SCI Manitoba participated in an awareness heightening event again this year involving “Take Your Member of the Legislative Assembly to Work”. Two of our members participated where they each had an MLA visit them at their workplace. As reported in our ParaTracks newsletter article...These members, with support from their SCI MB Rehabilitation Counsellors, were able to identify vocational goals, secure training funds and achieve their vocational potential. These members shared their success stories with MLAs, allowing representatives of the provincial government to see the value/return on investment and appreciate the significant contributions made by persons with disabilities, both to the workforce and to the community. It also reinforces that non-profit agencies like SCI Manitoba that rely on government funding, are essential services that result in positive outcomes.

The SCI National Office has been focused this last year on leading an alliance of disability-related stakeholders for Federal Accessibility Legislation. In this timeframe outcomes include: the creation of Bill C-81, which has passed through Senate and will likely be debated prior to summer recess in the House prior to a vote and potential royal assent.

Many people have helped facilitate our association to fulfill its mission and the success of the past year is due to their commitment. The financial support provided by our funders ensured our services continued to meet the needs of our members. Our volunteer Board of Directors donated their time and energy to understand and address the issues affecting our stakeholders. This understanding has assisted our Board to provide the ongoing input to set and prioritize the direction of our association. And finally our staff, whose compassion and hard work, as well as effective management of resources, has ensured consistent ethical service delivery. We thank all of you for your expertise and dedication. Through your contribution our association has met many of its challenges over the last year.

There continues to be challenges ahead and many needs yet to be fulfilled. There is a significant lack of safe, affordable, accessible housing for our stakeholders.

We continue to work with allied health care professionals and ancillary community service providers to bring the issues forward and contribute to finding a solution. Without strong leadership from the community and committed collaboration and partnership from the government, we will not see a concentrated effort to tackle this critical issue and ensure community inclusiveness.

Sustainable funding challenges affect many non-profit agencies in our province, including SCI Manitoba. While we have been able to secure most of our ongoing multi-year funding agreements, we are currently awaiting confirmation of renewal funding for our 5-year “Achieving Manitoba’s Priorities–SCI Research and Care” initiative. The success over the last five years of this initiative has been significant and our direct services have benefitted from the continued support to our members through service expansion to address the increasing demands for health related services. This funding allows the continuation of critical services like the prevention and healing of pressure ulcers and the development of self-managed health skills. These initiatives save millions of dollars, when surgery to heal pressure sores is avoided, as well as and most importantly, the pain and suffering of members, the inability to maintain employment and self-reliance, and reduced quality of life for our constituents. We hope to continue forward for an additional 5-year agreement to build on this success and carry on delivering critical services for Manitobans with SCI; however, without this funding renewal these services are at risk.

Our association is always evolving to meet the needs of our membership. In the last year through the continued implementation of innovative and quality services we have positioned SCI Manitoba in meeting the needs of our stakeholders and addressing and reducing significant health care costs in years to come. In particular, we are excited about the collaboration with the Winnipeg Regional Health Authority’s Home Care Program. The interface of these programs will enhance service excellence to our mutual constituents, and contribute to the reduction in health expenditures.

—Len Steingarten and Ron Burky

SCI Manitoba Staff

- Ron Burky—Executive Director
- Darlene Cooper—Director of Rehabilitation Services
- Adrienne Conley—Executive Assistant
- Denise Balliet—Accounting Officer
- Maria Cabas—Rehabilitation Counsellor
- Laurence Haien—Senior Rehabilitation Counsellor
- Gail Burnside—Rehabilitation Counsellor
- Melanie White—Rehabilitation Counsellor
- Kelly Tennant—Rehabilitation Counsellor
- Bernard Gaudet—Rehabilitation Counsellor
- Delcy Selymes—Rehabilitation Counsellor
- LéAmber Kensley—Rehabilitation Counsellor
- Artem Dolia*—Rehabilitation Counsellor Assistant

*paraplegic or tetraplegic

Spinal Cord Injury Manitoba Inc. Summarized Financial Statements March 31, 2019

Financial Position

	March 31, 2019	March 31, 2018
Assets		
Cash	\$190,936	\$114,784
Accounts receivable	64,953	117,925
Prepaid expenses	9,423	8,734
Fixed assets	10,343	17,582
Trust assets	177,490	433,166
	\$453,145	\$692,191

Liabilities and Net Assets		
Accounts payable and accrued	\$17,605	\$24,387
Accrued vacation pay	46,376	48,828
Deferred revenue	49,066	37,851
Trust liabilities	177,490	433,166
Net assets	162,608	147,959
	\$453,145	\$692,191

Report of the Independent Auditor on the Summary Consolidated Financial Statements

To the Members of Spinal Cord Injury Manitoba Inc.

Opinion: We have audited the summary financial statements of the Spinal Cord Injury Manitoba Inc. (formerly Canadian Paraplegic Association (Manitoba) Inc. (the “Organization”), which comprise the summary statement of financial position as at March 31, 2019 and the summary statement of operations and changes in net assets and cash flows for the year then ended (collectively referred to as the “financial statements”). In our opinion the summarized financial statements derived from the audited financial statements of Spinal Cord Injury Manitoba Inc. (formerly Canadian Paraplegic Association (Manitoba) Inc. are a fair summary of those financial statements.

The Audited Financial Statements and our Report Theron: We expressed a clean opinion on the audited financial statements in our report dated June 18, 2019.

Management’s Responsibility for the Summary Financial Statements: Management is responsible for the preparation of a summary of the audited financial statements.

Auditor’s Responsibility: Our responsibility is to express an opinion on whether the summary financial statements are a fair summary of the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, “Engagements to Report on Summary Financial Statements”.

DELOITTE—Chartered Professional Accountants
Winnipeg, Manitoba—June 18, 2019

Revenue and Expenses and Changes in Net Assets

	2019	2018
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$290,433	\$290,433
United Way of Winnipeg	129,372	129,374
Winnipeg Regional Health Authority	57,897	57,888
Workers Compensation Board	20,000	20,000
Rick Hansen Foundation		
Quality of Life Grant	1,835	780
SCI Canada Project Grants	—	900
	499,537	499,375

Fees for service	20,000	20,417
Miscellaneous	37,800	24,878
Recovery of equip. & training costs from/on behalf of paraplegics	68,579	49,181
Total revenue	625,916	593,851

Expenses		
Amortization of fixed assets	7,239	4,045
Rehabilitation Services Program	416,101	401,369
Advocacy/Information Program	117,514	114,375
Vocational assistance	68,578	49,181
Canadian Accessibility Inclusion Project	—	2,000
Quality of Life Grant	1,835	780
Total expenses	611,267	571,750

Excess of Revenue Over Expenses	14,649	22,101
Net Assets, beginning of year	147,959	125,858
Net Assets, end of year	\$162,608	\$147,959

A complete set of financial statements and Auditor’s Report may be obtained from the Association.

SCI Manitoba Board of Directors

- Art Braid*—Executive
- Corrine Deegan*
- Jeannette Gougeon
- Lyall Hallick
- Dan Joannis*
- Norm Magnusson
- Ron May
- Audrey McIlraith*
- Barbara Rapson
- Leonard Steingarten*—President
- Adam Terwin—Treasurer
- Tim Toor

*paraplegic or tetraplegic

Treasurer’s Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2018/2019 year resulting in an Excess of Revenue over expenses of \$14,649.

Our major revenue sources were very consistent with the prior year, thanks to steady support from SCI Manitoba’s key funders. Overall there was a revenue increase of \$32,065 as a result of a number of increases in Recovery of Equipment and Training Costs.

Our expenses increased by a corresponding \$39,517. Our key expenditures on the Rehabilitation Programs and Advocacy Programs were consistent with the prior year enabling SCI Manitoba to deliver consistent level of services.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of SCI Manitoba’s programs and services.

I wish to thank our Accounting Officer, Denise Balliet for her hard work and dedication, and thank Deloitte LLP for their services in the preparation of our Audited Financial Statements.

—Adam Terwin, Treasurer

In addition to our funders listed, SCI Manitoba wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

- Patricia & Dieter Bonas
- Audrey McIlraith
- Arthur Braid
- Barbara Millward
- Ken Davis
- George Murphy
- Corrine Deegan
- Glen & Dawn Recknell
- Sandra Doerksen
- Jim Richardson
- Marjorie Dyck
- Arnie & Orpha Schryvers
- Greg Erlendson
- George Silar
- Ed Giesbrecht
- Calvin Sinclair
- Andrew Hallonquist
- Spinal Cord Research Centre—U of M
- Ernie Hasiuk
- Leonard Steingarten
- Dan Joannis
- June Thomson
- Derek Legge & Kay Stewart

Research

Through the Manitoba Paraplegia Foundation Inc., SCI Manitoba directs funds toward treatments and a cure for spinal cord paralysis. SCI Manitoba also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee, and by informing SCI Manitoba clients and members of research participation opportunities.