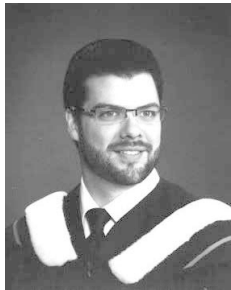


Canadian Paraplegic Association (Manitoba) Inc.

Mission: To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



Living Life to the Fullest



2017/18 Annual Report

Version française disponible à: www.cpamanitoba.ca
French version available at: www.cpamanitoba.ca

Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters; CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention in hospital; Reintegration—community services upon return home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

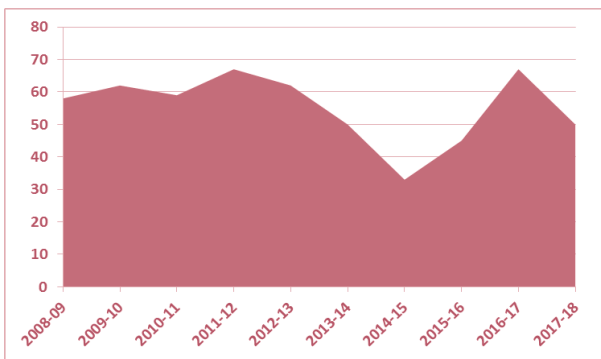
CPA provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



50 new SCI between April 1, 2017 & March 31, 2018:

- 27 traumatic, 23 non-traumatic
- 30 paraplegia, 20 tetraplegia
- 20 complete, 30 incomplete injuries
- 39 aged 10 to 65 and 11 aged 65 and over
- 34 male, 16 female
- 40 non-Aboriginal, 10 Aboriginal

Outputs—Information Services

The CPA (Manitoba) Inc. website www.cpamanitoba.ca was maintained by webmaster George Tataryn. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter)
- Life After Spinal Cord Injury manual
- Life After Spinal Cord Injury for Incomplete Spinal Cord Injuries manual
- Guide to Pressure Ulcer Prevention manual
- Children's book "....so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families manual

- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program
- Brochures, articles, videos about SCI issues.
- Targeted education sessions

Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 10,446 client services outputs during the year for 460 clients (see Services Table).

Services Table

Type of Service:	# of Services Provided:	% of Total Services Provided:
Accommodation	537	5%
Education/Vocational	1276	12%
Employment/Vocational	749	7%
Equipment & Supplies	590	6%
Family & Other Significant Relationships	224	2%
Financial	341	3%
Health & Wellness	3252	31%
Legal Issues	81	1%
Recreation & Leisure	117	1%
Sexuality	48	1%
Transportation	159	2%
Overall Services Coordination/Quality Assurance	3062	29%
TOTALS:	10,446	100%

Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year. This improves exchange of relevant information on priority issues to encourage full community participation for persons with SCI. Ongoing community collaboration included:

- Addictions Foundation of Manitoba
- Assistive Technology, Health Sciences Centre
- Barrier-Free Manitoba Initiative
- Behavioural Health Foundation of Manitoba
- Canada-Manitoba Job Grants

- Canada Pension Plan
- Career Connections
- Centre for Aboriginal Resource Development
- City of Winnipeg Access Advisory Committee
- Civil Service Commission
- Claimant Advisor's Office—Province of Manitoba
- Community Area Directors—Winnipeg Integrated Services
- Community Financial Counselling
- Disabilities Issues Office of Manitoba
- Employment Preparation Centre
- Farmers with Disabilities
- First Nations & Inuit Health Branch
- Flor Marcelino, MLA—Logan
- Garden Valley School Division
- Geriatric Mental Health Team
- Grace Hospital (PANSU) and Occupational Therapy
- Handi-Transit Policy Advisory Committee
- Health Sciences Centre Children's and General Hospitals
- Health Sciences Centre Rehabilitation Hospital SCI Program Management Team
- Health—Regional Policy & Prog. Acute, Tertiary & Special Care
- Hon. Cameron Friesen, Winkler-Morden, Minister of Finance
- Identification of presenters to schools & other community systems
- Individual Employers
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Klinik
- Legal Aid
- Manitoba Employment Equity Practitioners Association of MB
- Manitoba Institute of Trade & Technology
- Manitoba Spinal Cord Injury Research Committee
- Murdoch MacKay High School
- Parking Permit Advisory Committee
- Provincial Solutions Committee
- Reaching Equality Employment Services
- Red River College
- Rehabilitation resources to community, citizens, business, etc.
- Residential Tenancy Branch
- Riverview Health Centre
- Sargent Park High School
- SMD Children's Services
- SouthEastern Literacy Service
- Steps 2 Work
- Ten Ten Sinclair Housing Inc. Board of Directors
- Therapy First
- United Way of Winnipeg
- University of Manitoba
- University of Maryland Eastern Shore
- University of Winnipeg
- Volunteer Association of Manitoba
- Winnipeg Airport Authority
- Winnipeg Regional Health Authority—Wound Care Committee, Clinical Nurse Specialist, Home Care, Community Infection Prevention & Control, Nurse Educator for Home Care Nursing, Home Care Support Team
- Workers Compensation Board of Manitoba

President and Executive Director’s Report

We have continued to provide timely services and initiatives to Manitobans with spinal cord injuries to meet their goals in 2017and 2018.

Our National Federation and the majority of our provincial associations have decided to change their names to include **Spinal Cord Injury** rather than “Paraplegic” for a clearer description of the association’s purpose and its membership of, and for individuals with Spinal Cord Injury.

We have also initiated the process of changing our name from Canadian Paraplegic Association (Manitoba) Inc. to Spinal Cord Injury Manitoba Inc. with revising our marketing and collateral materials.

We believe this name is a clearer identification of our mission and our federation has indicated improved communication with those seeking our services, especially through the internet.

We continue to focus on providing timely support by introducing our services to individuals with SCI as soon as possible, including the patients at the Health Sciences Centre-Rehabilitation Hospital—SCI Unit.

We are continuing to strengthen our relationships with the SCI Unit in the hospital to create early referrals to CPA and timely accessibility to patients with spinal cord injuries.

Funding remains an important focus for our association to ensure stability of service provision as we move forward with our initiatives.

We effectively met and or exceeded all of our funding agreement outcomes allowing us to successfully renew funding agreements that have come up for renewal in the last year.

Renewal agreements include the Government of Manitoba, United Way of Winnipeg, Winnipeg Regional Health Authority, Workers Compensation Board and Manitoba Paraplegia Foundation Inc.

The Government of Manitoba also has funded our services through the “Achieving Manitoba’s Priorities—SCI Research and Care” initiative.

This collaboration between our association, the Rick Hansen Institute and the Province of Manitoba is now in its final year of a five-year agreement.

We are in the process of developing a proposal for a five-year renewal to ensure financial support for the continued staffing in the areas of Vocational, Health Promotion and Indigenous Services.

And we are requesting additional funding to expand our services to include specialized services for seniors with SCI.

With stable funding and the support of our dedicated staff and community stakeholders, we look to continue our goals of providing quality services to Manitobans with SCI through the coming year with:

- Development of specialized multi-year educational plan to enhance the competencies of rehabilitation service delivery staff.
 - Completion of the name change to Spinal Cord Injury Manitoba Inc. and alignment of our name with other provincial associations.
 - Support those having sustained a new spinal cord injury, while maintaining service to existing members.
 - Maintaining awareness and responding to an evolving health-care system and its new challenges.
- Without the stability of our supporters we could not provide the breadth and depth of services that make us unique in Canada. We sincerely appreciate the continued financial support of our funding partners.

We thank our current and retiring board members and our staff for their dedication and commitment to providing leadership, excellent administrative assistance and professional services of the highest quality.

Through their contribution and commitment, we look forward to responding to the challenges facing Manitobans with SCI and meeting and exceeding their expectations.

—Len Steingarten and Ron Burky

CPA (Manitoba) Inc. Board of Directors

Patti Bonas*—Vice President

Art Braid*—Executive

Pauline Day

Corrine Deegan*

Jeannette Gougeon

Lyall Hallick

Dan Joanisse*

Barbara Rapson

Leonard Steingarten*—President

Adam Terwin—Treasurer

Tim Toor

CPA (Manitoba) Inc. Staff

Ron Burky—Executive Director

Darlene Cooper—Director of Rehabilitation Services

Adrienne Conley—Executive Assistant

Denise Balliet—Accounting Officer

Maria Cabas—Rehabilitation Counsellor

Laurence Haien—Senior Rehabilitation Counsellor

Gail Burnside—Rehabilitation Counsellor

Melanie White—Rehabilitation Counsellor

Kelly Tennant—Rehabilitation Counsellor

Mark Wherrett*—Rehabilitation Counsellor

Bernard Gaudet—Rehabilitation Counsellor

Delcy Selymes—Rehabilitation Counsellor

Artem Dolia*—Rehabilitation Counsellor Assistant

Jared Funk*—Rehabilitation Counsellor Assistant

*paraplegic or tetraplegic

Canadian Paraplegic Association (Manitoba) Inc.
Summarized Financial Statements
March 31, 2018

Financial Position

	March 31, 2018	March 31, 2017
Assets		
Cash	\$114,784	\$85,316
Accounts receivable	117,925	133,857
Prepaid expenses	8,734	20,489
Fixed assets	17,582	9,847
Trust assets	433,166	402,182
	\$692,191	\$651,691

Liabilities and Net Assets

Accounts payable and accrued	\$24,387	\$11,209
Government remittances	—	7,516
Accrued vacation pay	48,828	46,087
Deferred revenue	37,851	42,631
Funds held in trust	—	16,208
Trust liabilities	433,166	402,182
Net assets	147,959	125,858
	\$692,191	\$651,691

Independent Auditor’s Report

To the Members of
Canadian Paraplegic Association (Manitoba) Inc.

The accompanying summary financial statements, which comprise the summary statement of financial position as at March 31, 2018, and the summary statement of revenue and expenses and changes in net assets for the year then ended, are derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2018. We expressed an audit opinion on those financial statements in our report dated June 19, 2018. The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc.

Management’s Responsibility for the Summary Financial Statements: Management is responsible for the preparation of a summary of the audited financial statements. **Auditor’s Responsibility:** Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, “Engagements to Report on Summary Financial Statements”.

Opinion: In our opinion, the summary financial statements derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2018 are a fair summary of those financial statements.

DELOITTE—Chartered Professional Accountants
Winnipeg, Manitoba—June 19, 2018

Revenue and Expenses and Changes in Net Assets

	2018	2017
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$290,433	\$290,440
United Way of Winnipeg	129,374	131,921
Winnipeg Regional Health Authority	57,888	57,888
Workers Compensation Board	20,000	20,000
Rick Hansen Foundation		
Quality of Life Grant	780	2,380
SCI Canada Project Grants	900	—
	499,375	502,629

Fees for service	20,417	20,000
Miscellaneous	24,878	27,407
Recovery of equip. & training costs from/on behalf of paraplegics	49,181	71,981
Total revenue	593,851	622,017

Expenses		
Amortization of fixed assets	4,045	4,403
Rehabilitation Services Program	401,369	404,534
Advocacy/Information Program	114,375	114,702
Vocational assistance	49,181	71,981
Canadian Accessibility Inclusion Project	2,000	3,000
Quality of Life Grant	780	2,380
Total expenses	571,750	601,000

Excess of Revenue Over Expenses	22,101	21,017
Net Assets, beginning of year	125,858	104,841
Net Assets, end of year	\$147,959	\$125,858

A complete set of financial statements and Auditor’s Report may be obtained from the Association.

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee, and by informing CPA clients and members of research participation opportunities.

Treasurer’s Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2017/2018 year resulting in an Excess of Revenue over expenses of \$22,101.

Our major revenue sources were very consistent with the prior year, thanks to steady support from CPA Manitoba’s key funders. Overall there was a revenue decrease of \$28,166 as a result of a number decreases in Recovery of Equipment and Training Costs.

Our expenses decreased by a corresponding \$29,250. Our key expenditures on the Rehabilitation Programs and Advocacy Programs were consistent with the prior year enabling CPA to deliver consistent level of services.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA’s programs and services.

I wish to thank our Accounting Officer, Denise Balliet for her hard work and dedication, and thank Deloitte LLP for their services in the preparation of our Audited Financial Statements.

—Adam Terwin, Treasurer

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

- | | |
|------------------------------|-------------------------------------|
| • Patricia & Dieter Bonas | • Derek Legge |
| • Frank Borowski | • Stewar |
| • Fred Boyko | • Audrey McIlraith |
| • Arthur Braid | • Barbara Millward |
| • Ken Davis | • George Murphy |
| • Corrine Deegan | • Rudy Niebuhr |
| • Sandra Doerksen | • Jim Richardson |
| • Marjorie Dyck | • Arnie & Orpha Schryvers |
| • Greg Erlendson | • George Silar |
| • Deb & Glen Garrioch Family | • Calvin Sinclair |
| • Ernie Hasiuk | • Spinal Cord Researc Centre—U of M |
| • Dan Joanisse | • Leonard Steingarten |
| • Keith G. Collins Ltd. | • June Thomson |
| • John & Norma Keyser | • Juliette Vielfaure |