

Canadian Paraplegic Association (Manitoba) Inc.

Mission:
To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



2011/12 Annual Report

Version française disponible à: www.cpamanitoba.ca
French version available at: www.cpamanitoba.ca

Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters, CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention in hospital; Reintegration—community services upon return home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

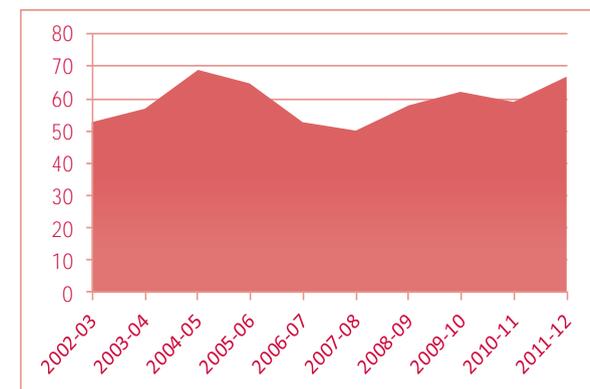
CPA provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



67 new SCI between April 1, 2011 and March 31, 2012. Of these (some statistics unavailable)*

- 30 traumatic, 34 non-traumatic *
- 41 paraplegia, 26 tetraplegia
- 19 complete, 48 incomplete injuries
- 49 aged 15 to 65 and 18 aged 65 and over
- 48 male, 19 female
- 51 non-Aboriginal, 16 Aboriginal

Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 11,244 client services outputs during the year for 475 clients (see Services Table).

Services Table

	Number of Services	Percentage of Total Services Provided:
Accommodation	866	8%
Client Identified Issues	1	.5%
Education/Vocational	1399	13%
Employment/Vocational	944	8%
Equipment & Supplies	877	8%
Family & Other Significant Relationships	328	3%
Financial	559	5%
Health & Wellness	2415	21%
Legal Issues	131	1%
Recreation & Leisure	192	2%
Sexuality	79	.5%
Supports for Independence	147	1%
Transportation	274	2%
Overall Services Coordination/Quality Assurance	3032	27%
TOTALS:	11,244	100%

Outputs—Information Services

The CPA (Manitoba) Inc. website www.cpamanitoba.ca was maintained by webmaster George Tataryn. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter—layout and design Mike Nickle)
- Life After Spinal Cord Injury book
- Life After Spinal Cord Injury for Incomplete Spinal Cord Injuries book

- Guide to Pressure Ulcer Prevention book
- Children's book "....so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families book
- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program
- Brochures, articles, videos about SCI issues.

Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year. This improves exchange of relevant information on priority issues to encourage full community participation for persons with SCI. Ongoing community collaboration included:

- City of Winnipeg Access Advisory Committee
- Handi-Transit Policy Advisory Committee
- Parking Permit Advisory Committee
- Provincial Solutions Committee
- Manitoba Spinal Cord Injury Research Committee
- Ten Ten Sinclair Housing Inc. Board of Directors
- Health Sciences Centre Rehabilitation Hospital SCI Program Management Team
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Barrier-Free Manitoba Initiative
- Rehabilitation resources to community, citizens, business, etc.
- Identification of presenters to schools and other community systems
- Disability in Emergency Management Network
- Assembly of Manitoba Chiefs
- Behavioural Health Foundation of Manitoba
- Aboriginal Centre
- Addictions Foundation of Manitoba
- Individual Employers
- Winnipeg Regional Health Authority—Wound Care Committee

President and Executive Director's Report

The 2011/2012 fiscal year has been a year of progress towards meeting the ongoing challenges facing Manitobans with spinal cord injuries. CPA (Manitoba) continued to address timely issues with the direction of the Board and the delivery of quality services by the staff.

CPA (Manitoba) maintained concentration of its resources toward the implementation of its three strategic initiatives: enhancing public image, expansion of services, and professionalism. The success of addressing the many challenges with limited resources is a result of the strong support of the Board of Directors, through its involvement in the Programs & Community Relations Committee and the Operations Committee; staff, through their dedication to providing quality services; and the staff and volunteers, who serve on other community committees and collaborate with CPA (Manitoba).

Highlights of some of the accomplishments of the past year include:

- The continuation and expansion of the initiatives funded through the “Going Forward Together” Agreement between the Government of Manitoba, CPA MB and Rick Hansen Foundation, including:

- One year extension and expansion of the “Stakeholder Training and Education for Pressure Ulcer Prevention” (STEP UP). This project will continue to be delivered through the newly created Transitional Services Counsellor position. It will still address the immediate needs of individuals who are high risk for getting a pressure ulcer, through the delivery of a community-based health education and motivation program.

- Rick Hansen Foundation transferring their portion of research funding from the Government of Manitoba to CPA MB. This allows Manitoba stakeholders to direct how best to connect Manitoba to potential national research initiatives.

- Extension of the Aboriginal Services Coordination beyond the original two year pilot.

- Building on the success of the current funding and the strengthened collaboration between Rick Hansen Foundation and Manitoba stakeholders: a new 5-year funding initiative—“From Man in Motion to Many in Motion—25th Anniversary SCI Funding Proposal”, has been submitted to the Government of Manitoba.

- The leadership of CPA Manitoba staff at a national level in developing service delivery outcomes to standardize service delivery for CPA rehabilitation services throughout Canada.

CPA (Manitoba) continues to identify important issues affecting Manitobans with spinal cord injury. It has responded to these challenges through thoughtful and deliberate action including consultation and collaboration with other community stakeholders. While there has been significant progress, we must continue to work hard on addressing current needs and facing future challenges:

- Ongoing involvement in the development of support for patients with SCI at HSC including a CPA ad-hoc committee to develop a clearer understanding of issues

- Meeting priority needs, CPA (Manitoba) Inc. service delivery staffing has been reorganized including new project staffing. The ever increasing demand for services outpace current funding levels and is a continuing challenge to be faced.

- Further clarifying roles and responsibilities with the Health Sciences Centre Rehabilitation Hospital to improve coordination of service for in-patients and thereby improve their transition into the community.

- Continue to secure a new location for CPA Office based on: the planned move of the Society for Manitobans with Disabilities to a new location, as well as the Health Sciences Centre Rehabilitation Hospital Spinal Cord Injury Unit to the Riverview Health Centre in the coming years.

- CPA National and most of the Provincial CPA offices will be changing their name from CPA to Spinal Cord Injury (SCI). CPA Manitoba and a couple of other Provincial CPA offices have decided to hold off on the name change and consider it further over the coming year.

We sincerely appreciate the continued financial support of our funding partners, sponsors and supporters. We thank our current and retiring board members and our staff for their dedication and commitment to providing leadership, excellent administrative assistance and professional services of the highest quality to assist Manitobans with spinal cord injuries.

—John Wallis and Ron Burky

2011/12 CPA (Manitoba) Inc. Board of Directors

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Pauline Day

Corrine Deegan*

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Jeannette Gougeon

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CPA (Manitoba) Inc. Staff

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Darlene Cooper — Director of Rehabilitation Services

Adrienne Conley — Executive Assistant

John Powell — Accounting Officer

Greg Winmill*— Rehabilitation Counsellor

Maria Cabas — Rehabilitation Counsellor

Laurence Haien — Senior Rehabilitation Counsellor

Scott Coates*— Rehabilitation Counsellor

Maureen Sullivan — Rehabilitation Counsellor

Willie Ducharme — Project Coordinator

Gail Burnside — Rehabilitation Counsellor

Shannon Dupont — Rehabilitation Counsellor

*paraplegic or tetraplegic

Canadian Paraplegic Association (Manitoba) Inc. Summarized Financial Statements March 31, 2012

Financial Position

	2012	2011
Assets		
Cash	\$377,890	\$295,785
Accounts receivable	25,942	44,982
Prepaid expenses	9,807	11,469
Fixed assets	4,296	4,677
Trust assets	772,755	1,088,304
	\$1,190,690	\$1,445,217
Liabilities and Net Assets		
Accounts payable and accrued liabilities	\$25,556	\$21,463
Accrued vacation pay	35,854	34,560
Deferred revenue	105,205	64,514
Funds held in trust	48,932	52,632
Trust liabilities	772,755	1,088,304
Net assets	202,388	183,744
	\$1,190,690	\$1,445,217

Independent Auditor's Report

To the Members of Canadian Paraplegic Association (Manitoba) Inc.

The accompanying summary financial statements, which comprise the summary statement of financial position as at March 31, 2012, and the summary statement of operations and changes in net assets for the year then ended, are derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2012. We expressed a qualified audit opinion on those financial statements in our report dated June 1, 2012. The summary financial statements do not contain all the disclosures required by Canadian Generally Accepted Accounting Standards. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc.

Management's Responsibility for the Summary Financial Statements: Management is responsible for the preparation of a summary of the audited financial statements. **Auditor's Responsibility:** Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, “Engagements to Report on Summary Financial Statements”.

Opinion: In our opinion, the summary financial statements derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2012 are a fair summary of those financial statements. The summary financial statements are qualified for the completeness of donation revenue not susceptible of satisfactory audit verification. Our qualified audit opinion states that, except for the fact that the completeness of donations revenue is not susceptible to satisfactory audit verification, those financial statements present fairly, in all material respects, the financial position of Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2012, and its financial performance and its cash flows for the year then ended in accordance with Canadian generally accepted accounting principles.

DELOITTE & TOUCHE LLP—Chartered Accountants
Winnipeg, Manitoba—June 1, 2012

Revenue and Expenses and Changes in Net Assets

	2012	2011
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$263,900	\$262,800
Health Canada	82,500	82,500
United Way of Winnipeg	126,837	124,350
Winnipeg Regional Health Authority	57,897	57,897
Workers Compensation Board	15,000	20,000
CPA National project grants	12,931	5,718
Manitoba Paraplegia Foundation Inc.	-	5,000
Rick Hansen Foundation	200	783
Rick Hansen Foundation Quality of Life Grant	27,114	-
Step-Up Program	-	25,000
Workers Compensation Board	5,000	
	591,379	584,048

Fees for service – MPI & other	10,000	10,000
Miscellaneous and donations	57,959	38,965
Recovery of equip. & training costs from/on behalf of paraplegics	18,573	27,333
Total revenue	677,911	660,346

Expenses

Amortization	3,763	3,462
Rehabilitation Services Program	430,425	435,644
Vocational Assist.	18,573	27,333
Quality of Life Grant	27,114	-
Advocacy/Information Program	129,392	124,361
Total expenses	609,267	590,800

Excess of Revenue over Expenses from Continuing Operations	68,644	69,546
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Transfer to Manitoba Paraplegia Foundation	(50,000)	(50,000)
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Excess of Revenue over Expenses (Expenses over Revenue)	18,644	19,546
Net Assets, Beginning of Year	183,744	164,198
Net Assets, End of Year	\$202,388	\$183,744

A complete set of financial statements and Auditors' Report may be obtained from the Association.

Treasurer's Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2011/2012 year ending with an Excess of Revenue over Expenses of \$68,644. After a \$50,000 transfer to the Manitoba Paraplegia Foundation Inc. the excess of revenue over Expenses was \$18,644.

Our revenue was very consistent with the prior year, thanks to steady support from CPA Manitoba's key funders. Overall, our total revenue showed a slight increase of \$17,565. The most significant difference was an increase in Donations of \$16,507. Other small variances in funding make up the difference.

Our expenses increased in line with our small revenue increase. Our key expenditures on the Rehabilitation Programs and Advocacy Programs were very consistent with the prior year with no major variances.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services.

I wish to thank our Accounting Officer, John Powell for his hard work and dedication, and thank Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

—Adam Terwin, Treasurer

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

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|--------------------------------|--------------------------------------|
| • Arthur Braid | • Barbara Millward |
| • Corrine Deegan | • Rudy Niebuhr |
| • Sandra Doerksen | • Jim Richardson |
| • Marjorie Dyck | • Royal Bank of Canada |
| • Greg Erlendson | • Arnold & Orpha Schryvers |
| • Estate of Don Ament | • Spinal Cord Research Centre—U of M |
| • Dr. Karen Ethans | • Leonard Steingarten |
| • Keith G. Collins Ltd. | • Arthur Summers |
| • Derek Legge & Kay Stewart | • Harold Swalwell |
| • Paul MacDonald | • June Thomson |
| • Manitoba Curling Association | |

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee and also Rick Hansen Wheels in Motion, and by informing CPA clients and members of research participation opportunities.