

Canadian Paraplegic Association (Manitoba) Inc.

Mission:
To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



Members of Team Manitoba demonstrate wheelchair curling to Kerry Burtnyk, Vic Peters and Jeff Stoughton



CPA Member Harold Swick displays the use of an accessible golf cart

2009/10 Annual Report

Version française disponible à: www.cpamanitoba.ca
French version available at: www.cpamanitoba.ca

Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters, CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention hospital; Reintegration—community services upon return to home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

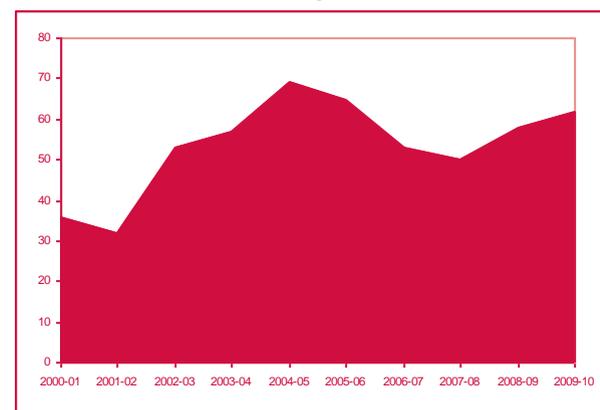
CPA provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



62 new SCI between April 1, 2009 and March 31, 2010. Of these (some statistics unavailable)*

- 28 traumatic, 31 non-traumatic *
- 39 paraplegia, 19 tetraplegia *
- 15 complete, 43 incomplete injuries *
- 19 new injuries aged 35 and under, 43 aged 35+
- 47 male, 15 female
- 49 non-Aboriginal, 13 Aboriginal

Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 12,442 client services outputs during the year for 507 clients (see Services Table).

Services Table

	Number of Services	Percentage of Total Services Provided:
Accommodation	1010	8%
Client Identified Issues	83	.5%
Education/Vocational	1194	9.5%
Employment/Vocational	990	8%
Equipment & Supplies	740	6%
Family & Other Significant Relationships	356	3%
Financial	918	7%
Health & Wellness	3075	25%
Legal Issues	120	1%
Recreation & Leisure	162	1%
Sexuality	97	1%
Supports for Independence	250	2%
Transportation	342	3%
Overall Services Coordination/Quality Assurance	3015	25%
TOTALS:	12,442	100%

Outputs—Information Services

The CPA (Manitoba) Inc. website www.cpamanitoba.ca was maintained by webmaster George Tataryn. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter—layout and design Mike Nickle)
- Total Access (CPA National Magazine)
- Life After Spinal Cord Injury book

- Life After Spinal Cord Injury for Incomplete spinal cord injuries book
- Guide to Pressure Ulcer Prevention book
- Children's book "...so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families book
- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program

Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year including:

- Participation on City of Winnipeg Access Advisory Committee
- Solution Team leadership for Rick Hansen Foundation
- Collaboration with Family Services and Housing
- Active involvement in HSC Rehabilitation Hospital SCI Team to heighten community awareness of ongoing health issues
- Resources to community, citizens, business and other ancillary organizations
- Identification of speakers for schools, universities and other community systems
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Handi-Transit Policy Advisory Committee
- Parking Permit Advisory Committee
- WRHA Wheeled Mobility Committee
- WRHA Wound Care Strategic Planning Committee
- Ten Ten Sinclair Housing Inc. Board of Directors
- Manitoba Spinal Cord Injury Research Committee
- Barrier-Free Manitoba Initiative
- Representation at "Rapid Transit" open house
- Participation with Disability in Emergency Management Network
- Airport Advisory Committee
- Manitoba Employment Equity Practitioners Association
- Vocational Rehabilitation Association

President and Executive Director's Report

The 2009/2010 fiscal year has seen the expansion of how we do business and the fulfillment of new services. There has been increased delivery of rehabilitation services as well as broadening our role in meeting the varied needs related to spinal cord injury in Manitoba. This progress is also reflected in our strategic initiatives of enhancing public image, expansion of service and professionalism.

This was the first full year of implementation of the "Going Forward Together: Government of Manitoba's Contribution to Spinal Cord Injury Leadership in Manitoba" Agreement. This multi-year agreement is overseen by CPA in collaboration with the Rick Hansen Foundation and the Government of Manitoba. The successful completion of the first year business plan has delivered the following highlights: Through the guidance of the Manitoba Spinal Cord Injury Research Committee, CPA successfully administered the full annual funding available from the Government of Manitoba, resulting in the implementation of six new SCI-related research projects in Manitoba. In addition, Manitoba researchers have benefitted through funding that connects them with national and international researchers on a collaboration project. A new urban development project has been created involving research and development to explore revisions in the delivery of our Aboriginal services in Winnipeg.

The Stakeholder Training and Education for Pressure Ulcer Prevention (STEP UP) project has completed its two-year term. The results have been significant in that there has been no incidence of pressure ulcers for participants enrolled in STEP UP during its two-year time frame. The success of the innovative STEP UP program is a testament to the commitment, passion, professionalism, and innovative spirit of the individuals that helped the program to succeed.

Through funding from the Rick Hansen Wheels in Motion event held in Winnipeg, a one year training position has been established. Titled "Preparing Canadians with Disabilities for Their Critical Role in Society", this project is currently providing an individual with SCI to receive on-the-job training in the area of rehabilitation counselling.

With all of our Rehabilitation Service positions filled, we also strengthened our professionalism through initiating the development of new training resources. Our new field validated training manual in development provides professional references

for the material produced at a university level for professional service providers. The new training modules and materials will assist our staff to increase competency levels.

The future challenges include building administration capacity for the increased roles of CPA including our "Going Forward Together" Agreement financial management and administrative support to the Manitoba SCI Research Committee and Provincial Solutions Team.

As the Manitoba Government continues to review the potential for accessibility legislation, CPA will continue to provide our input regarding the needs of Manitobans with SCI and other physical disabilities.

At the national level, CPA has completed an operational review and is re-focusing its limited resources on service delivery. CPA Manitoba will be part of a task force that further enhances service delivery for CPA Divisions in Canada.

—John Wallis and Ron Burky

2009/10 CPA (Manitoba) Inc. Board of Directors

Patti Bonas*

Art Braid*— Executive

Pauline Day

Corrine Deegan*

Dr. Karen Ethans

Jeannette Gougeon

Ernie Hasiuk — Past President

Bill Neill

Leonard Steingarten* — Treasurer

Adam Terwin

Lynda Walker

John Wallis — President

John Wyndels*— Executive

JoAnn Young

CPA (Manitoba) Inc. Staff

Ron Burky—Executive Director

Darlene Cooper—Director of Rehabilitation Services

Adrienne Conley—Executive Assistant

John Powell—Accounting Officer

Greg Winmill*—Rehabilitation Counsellor

Maria Cabas—Rehabilitation Counsellor

Val Reith—Health Educator

Laurence Haien—Senior Rehabilitation Counsellor

Scott Coates*—Rehabilitation Counsellor

Maureen Sullivan—Rehabilitation Counsellor

Willie Ducharme—Project Coordinator

Gail Burnside—Rehabilitation Counsellor

*paraplegic or tetraplegic

Canadian Paraplegic Association (Manitoba) Inc.

Summarized Financial Statements

March 31, 2010

Financial Position		
	2010	2009
Assets		
Cash	\$247,126	\$191,556
Accounts receivable	40,328	125,550
Prepaid expenses	6,876	-
Fixed assets	8,139	2,025
Trust assets	353,700	634,530
	\$656,169	\$953,661
Liabilities and Net Assets		
Accounts payable and accrued liabilities	\$14,377	\$13,994
Accrued vacation pay	33,765	24,323
Deferred revenue	37,813	32,468
Funds held in trust	52,316	51,722
Trust liabilities	353,700	634,530
Net assets	164,198	196,624
	\$656,169	\$953,661

Auditor's Report

To the Members of Canadian Paraplegic Association (Manitoba) Inc.

The accompanying summarized statement of financial position and statement of revenue and expenses and changes in net assets are derived from the complete financial statements of the Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2010 and for the year then ended. In our auditor's report on the complete financial statements dated May 25, 2010, we expressed a qualified opinion because we were unable to satisfy ourselves concerning the completeness of donation revenue. The fair summarization of the complete financial statements is the responsibility of management. Our responsibility, in accordance with the applicable Assurance Guideline of the Canadian Institute of Chartered Accountants, is to report on the summarized financial statements.

In our opinion, the accompanying financial statements fairly summarize, in all material respects, the related complete financial statements in accordance with the criteria described in the Guideline above.

These summarized financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Readers are cautioned that these statements may not be appropriate for their purposes. For more information on the entity's financial position, results of operations and cash flows reference should be made to the related completed financial statements.

DELOITTE & TOUCHE LLP

Chartered Accountants

Winnipeg, Manitoba

May 25, 2010

Revenue and Expenses and Changes in Net Assets

	2010	2009
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$261,600	\$256,400
Health Canada	82,500	82,500
United Way of Winnipeg	121,896	119,500
Winnipeg Regional Health Authority	57,897	57,897
Workers Compensation Board	20,000	20,000
CPA National project grants	10,880	16,089
Manitoba Paraplegia Foundation Inc.	5,000	6,517
Rick Hansen Foundation	20,700	7,918
Step-Up Program	25,844	40,780
	606,317	638,071
Fees for service – MPI & other	10,000	11,434
Miscellaneous	23,043	34,527
Recovery of equip. & training costs from/on behalf of paraplegics	44,472	116,637
Total revenue	683,832	770,199

Expenses

Rehab. Services Program		
Amortization	4,796	8,041
Salaries & Expenses	446,987	451,430
Vocational Assist.	44,472	116,637
Advocacy/Information Program	150,003	135,275
Total expenses	646,258	711,383

Excess of Revenue over Expenses From Continuing Operations	37,574	58,816
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Transfer to Manitoba Paraplegia Foundation	(70,000)	-
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Excess of Revenue over Expenses	(32,426)	58,816
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Net Assets, Beginning of Year	196,624	137,808
Net Assets, End of Year	\$164,198	\$196,624

A complete set of financial statements and Auditors' Report may be obtained from the Association.

Treasurer's Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2009/2010 year ending with an Excess of Revenue over Expenses of \$37,574.

Our Total revenue decreased by \$86,367 overall. Major differences are \$12,782 from Rick Hansen Foundation, \$14,936 from STEP-UP Program and \$72,165 from Recovery of Costs. Other small variances in funding make up the difference.

Our expenses decreased by \$65,125, mostly a result of decreased Vocational assistance. The rest of the expenses were consistent with the prior year.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services.

I wish to thank our Accounting Officer, John Powell for his hard work and dedication, and thank Gabriella Zaporozan and Maureen Daeninck of Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

—Leonard Steingarten, Treasurer

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

- Don Ament
- Manitoba Curling Association
- Patricia & Dieter Bonas
- Audrey McIlraith
- Frank Borowski
- Jim Richardson
- Arthur Braid
- Phillipe J. Sebastian
- Randy Colbert
- Arnold & Orpha Schryvers
- Greg Erlendson
- Estate of Josephine Lachowski
- Spinal Cord Research Centre—U of M
- Dr. Karen Ethans
- Arthur Summers
- Keith G. Collins Ltd.
- Harold Swalwell
- Derek Legge & Kay Stewart
- June Thomson
- Paul MacDonald
- Robert Wroblewsky

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee and also Rick Hansen Wheels in Motion, and by informing CPA clients and members of research participation opportunities.