

Canadian Paraplegic Association (Manitoba) Inc.

Mission: To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



Living Life to the Fullest



Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters; CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention in hospital; Reintegration—community services upon return home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

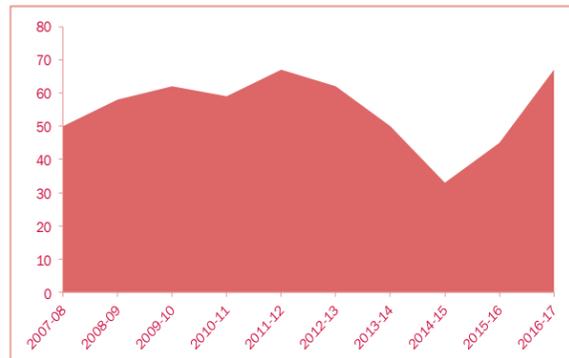
CPA provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



67 new SCI between April 1, 2016 and March 31, 2017:

- 42 traumatic, 25 non-traumatic
- 41 paraplegia, 26 tetraplegia
- 26 complete, 41 incomplete injuries
- 52 aged 15 to 65 and 15 aged 65 and over
- 44 male, 23 female
- 45 non-Aboriginal, 22 Aboriginal

Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 10,289 client services outputs during the year for 485 clients (see Services Table).

Services Table

Type of Service:	# of Services Provided:	% of Total Services Provided:
Accommodation	594	6%
Education/Vocational	1054	10%
Employment/Vocational	460	5%
Equipment & Supplies	485	5%
Family & Other Significant Relationships	225	2%
Financial	326	3%
Health & Wellness	3360	33%
Legal Issues	101	1%
Recreation & Leisure	89	1%
Sexuality	41	1%
Transportation	147	1%
Overall Services Coordination/Quality Assurance	3407	32%
TOTALS:	10,289	100%

Outputs—Information Services

The CPA (Manitoba) Inc. website www.cpamanitoba.ca was maintained by webmaster George Tataryn. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter)
- Life After Spinal Cord Injury manual
- Life After Spinal Cord Injury for Incomplete Spinal Cord Injuries manual
- Guide to Pressure Ulcer Prevention manual
- Children's book "...so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families manual
- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program
- Brochures, articles, videos about SCI issues.
- Targeted education sessions

Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year. This improves exchange of relevant information on priority issues to encourage full community participation for persons with SCI. Ongoing community collaboration included:

- Aboriginal Centre
- Addictions Foundation of Manitoba
- Assembly of Manitoba Chiefs
- Assistive Technology, Health Sciences Centre
- Barrier-Free Manitoba Initiative
- Behavioural Health Foundation of Manitoba
- Canada Pension Plan
- City of Winnipeg Access Advisory Committee
- Civil Service Commission
- Claimant Advisor's Office—Province of Manitoba
- Community Area Directors—Winnipeg Integrated Services
- Community Financial Counselling
- Disabilities Issues Office of Manitoba
- Farmers with Disabilities
- Flor Marcelino, MLA—Logan
- Garden Valley School Division
- Geriatric Mental Health Team
- Grace Hospital (PANSU) and Occupational Therapy
- Handi-Transit Policy Advisory Committee
- Health Sciences Centre Rehabilitation Hospital SCI Program Management Team
- Health—Regional Policy and Programs Acute, Tertiary & Special Care
- Honourable Kelvin Goertzen, Minister of Health, Seniors and Active Living
- Identification of presenters to schools and other community systems
- Individual Employers
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Klinik
- Legal Aid
- Manitoba Employment Equity Practitioners Association of Manitoba
- Manitoba Spinal Cord Injury Research Committee
- Milton Sussman, President and Chief Executive Officer, Winnipeg Regional Health Authority
- Murdoch MacKay High School
- Parking Permit Advisory Committee
- Provincial Solutions Committee
- Red River College
- Reg Toews—Home Care Review
- Rehabilitation resources to community, citizens, business, etc.
- Residential Tenancy Branch
- Riverview Health Centre
- SouthEastern Literacy Service
- Ten Ten Sinclair Housing Inc. Board of Directors
- United Way of Winnipeg
- University of Manitoba
- University of Winnipeg
- Volunteer Association of Manitoba
- Winnipeg Airport Authority
- Winnipeg Regional Health Authority—Wound Care Committee, Clinical Nurse Specialist, Home Care, Community Infection Prevention & Control, Nurse Educator for Home Care Nursing, Home Care Support Team
- Workers Compensation Board of Manitoba



2016/17 Annual Report

Version française disponible à: www.cpamanitoba.ca
French version available at: www.cpamanitoba.ca

President and Executive Director's Report

Our 2016/2017 year has been successful as we continue to support Manitobans with spinal cord injuries to meet their goals.

The client demographic is changing the health care services delivery models, methodologies, and philosophies.

We have continued to build our relationship with the Health Sciences Centre—Rehabilitation Hospital—SCI Unit. This has included increasing the knowledge and experience of CPA with the Social Work position on the SCI Unit.

We are working together and have improved early referrals with patients on the SCI Unit. With these strengthened relationships, we make CPA Manitoba more accessible and easier to find for people with a spinal cord injury.

We are exceedingly fortunate to have stable funding from the Government of Manitoba, United Way of Winnipeg, Winnipeg Regional Health Authority, Workers Compensation Board and Manitoba Paraplegia Foundation Inc.

Our long-standing funding from the Province of Manitoba uniquely recognizes CPA Manitoba providing vocational support services to individuals with spinal cord injury.

Funding from the Province of Manitoba also includes the "Achieving Manitoba's Priorities—SCI Research and Care" Initiative.

This has ensured financial support in Research, Vocational, Health Promotion and Aboriginal Services, through to 2019.

Our continuing partnership with our funders and other community stakeholders has allowed us to focus on building our staff strength to support frontline service delivery. With stable funding and the support of our outstanding staff, we look forward to continuing to provide quality services to Manitobans with SCI.

In the upcoming year we will focus on:

- Access to transitional housing for CPA members who are discharged from hospital to the community;
- While we realize this is part of a larger community issue with affordable and accessible housing, we will continue to give voice to the concerns of our members and play a role, where possible, in finding solutions.
- Raising our profile through our name change to SPINAL CORD INJURY MANITOBA;
- Connecting with those having sustained a new spinal cord injury, while maintaining service to existing members;
- Maintaining awareness and responding to a possibly evolving health-care system and new challenges.

We sincerely appreciate the continued financial support of our funding partners, sponsors and supporters.

We thank our current and retiring Board Members and our staff for their dedication and commitment to providing leadership, excellent administrative assistance and professional services of the highest quality to assist Manitobans with spinal cord injuries.

Through their contribution and commitment, we look forward to responding to the challenges facing Manitobans with SCI and meeting and exceeding the expectations of our stakeholders.

—Len Steingarten and Ron Burky

CPA (Manitoba) Inc. Board of Directors

Patti Bonas*—*Vice President*
 Art Braid*—*Executive*
 Pauline Day
 Corrine Deegan*
 Jeannette Gougeon
 Lyall Hallick
 Dan Joannis*
 Barbara Rapson
 Leonard Steingarten*—*President*
 Adam Terwin—*Treasurer*
 Tim Toor
 Lynda Walker
 John Wallis—*Past President*
 John Wyndels*

CPA (Manitoba) Inc. Staff

Ron Burky—Executive Director
 Darlene Cooper—Director of Rehabilitation Services
 Adrienne Conley—Executive Assistant
 Aison Balajadia—Accounting Officer
 Maria Cabas—Rehabilitation Counsellor
 Laurence Haien—Senior Rehabilitation Counsellor
 Gail Burnside—Rehabilitation Counsellor
 Stefan Kliewer—Rehabilitation Counsellor
 Mark Wherrett—Rehabilitation Counsellor
 Bernard Gaudet—Rehabilitation Counsellor
 Delcy Selymes—Rehabilitation Counsellor

**paraplegic or tetraplegic*

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee, and by informing CPA clients and members of research participation opportunities.

Canadian Paraplegic Association (Manitoba) Inc. Summarized Financial Statements March 31, 2017

Financial Position

	March 31, 2017	March 31, 2016
Assets		
Cash	\$85,316	\$173,640
Accounts receivable	133,857	62,773
Prepaid expenses	20,489	18,033
Fixed assets	9,847	9,932
Trust assets	402,182	435,323
	\$651,691	\$699,701
Liabilities and Net Assets		
Accounts payable and accrued	\$11,209	\$35,723
Government remittances	7,516	9,487
Accrued vacation pay	46,087	58,231
Deferred revenue	42,631	40,011
Funds held in trust	16,208	16,085
Trust liabilities	402,182	435,323
Net assets	125,858	104,841
	\$651,691	\$699,701

Independent Auditor's Report

To the Members of Canadian Paraplegic Association (Manitoba) Inc. The accompanying summary financial statements, which comprise the summary statement of financial position as at March 31, 2017, and the summary statement of revenue and expenses and changes in net assets for the year then ended, are derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2017. We expressed a modified audit opinion on those financial statements in our report dated June 20, 2017. The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc.

Management's Responsibility for the Summary Financial Statements: Management is responsible for the preparation of a summary of the audited financial statements. **Auditor's Responsibility:** Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, "Engagements to Report on Summary Financial Statements".

Opinion: In our opinion, the summary financial statements derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2017 are a fair summary of those financial statements. The audit report on our summary financial statements is modified for the completeness of donation revenue not susceptible of satisfactory audit verification. Our modified audit opinion states that, except for the fact that the completeness of donations revenue is not susceptible to satisfactory audit verification, those financial statements present fairly, in all material respects, the financial position of Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2017 and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations. DELOITTE & TOUCHE LLP—Chartered Professional Accountants Winnipeg, Manitoba—June 20, 2017

Revenue and Expenses and Changes in Net Assets

	2017	2016
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$290,440	\$290,432
United Way of Winnipeg	131,921	131,771
Winnipeg Regional Health Authority	57,888	57,897
Workers Compensation Board	20,000	20,000
Rick Hansen Foundation		
Quality of Life Grant	2,380	9,010
	502,629	509,110
Fees for service	20,000	15,000
Miscellaneous	27,407	18,832
Recovery of equip. & training costs from/on behalf of paraplegics	71,981	60,781
Total revenue	622,017	603,723
Expenses		
Amortization of fixed assets	4,403	5,302
Rehabilitation Services Program	404,534	411,386
Advocacy/Information Program	114,702	116,178
Vocational assistance	71,981	60,781
Quality of Life Grant	2,380	9,010
CAIP	3,000	—
Total expenses	601,000	602,657
Excess of Revenue over Expenses before Transfer	21,017	1,066
Transfer to Manitoba Paraplegia Foundation Inc.	—	200,000
Excess (Deficiency) of Revenue Over Expenses	21,017	(198,934)
Net Assets, beginning of year	104,841	303,775
Net Assets, end of year	\$125,858	\$104,841

A complete set of financial statements and Auditor's Report may be obtained from the Association.

Treasurer's Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2016/2017 year. A slight increase in revenue with a consistent level of expenses resulted in an Excess of Revenue over Expenses of \$21,017.

Our major revenue sources were very consistent with the prior year, thanks to steady support from CPA Manitoba's key funders. Overall there was a revenue increase of \$18,294 as a result of a number of small increases in miscellaneous revenue.

Our expenses were very consistent with the prior year, resulting in a decrease of \$1,657. Our key expenditures on the Rehabilitation Programs and Advocacy Programs were consistent with the prior year enabling CPA to deliver consistent level of services.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services.

I wish to thank our Accounting Officer, Aison Balajadia for his hard work and dedication, and thank Deloitte LLP for their services in the preparation of our Audited Financial Statements.

—Adam Terwin, Treasurer

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

- Patricia & Dieter Bonas
- Frank Borowski
- Fred Boyko
- Arthur Braid
- Corrine Deegan
- Curl Manitoba
- Myra Danielson
- Sandra Doerksen
- Marjorie Dyck
- Greg Erlendson
- Dr. Karen Ethans
- Ed Giesbrecht
- Lyall Hallick
- Ernie Hasiuk
- Holland & Area Donor's Choice
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- Audrey McIlraith
- Barbara Millward
- Victor & Lila Moore
- Rudy Niebuhr
- Glen & Dawn Recknell
- Jim Richardson
- Arnie & Orpha Schryvers
- George Silar
- Calvin Sinclair
- Joseph Smithson
- Spinal Cord Research Centre—U of M
- Leonard Steingarten
- Harold Swick
- June Thomson
- Thomas Yuill