

# Canadian Paraplegic Association (Manitoba) Inc.

**Mission:**  
To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



## 2012/13 Annual Report

Version française disponible à: [www.cpamanitoba.ca](http://www.cpamanitoba.ca)  
French version available at: [www.cpamanitoba.ca](http://www.cpamanitoba.ca)

### Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters, CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

#### CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention in hospital; Reintegration—community services upon return home; Community Participation and Growth; and Sustainability—continued lifelong support.

#### Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

#### Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

#### Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

#### Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

#### Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

#### Information Services

CPA provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

### What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

### New Injuries



62 new SCI between April 1, 2012 and March 31, 2013. Of these, some statistics unavailable (\*)

- 26 traumatic, 34 non-traumatic\*
- 36 paraplegia, 25 tetraplegia\*
- 21 complete, 41 incomplete injuries
- 41 aged 15 to 65 and 19 aged 65 and over\*
- 45 male, 17 female
- 56 non-Aboriginal, 6 Aboriginal

### Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 10,618 client services outputs during the year for 486 clients (see Services Table).

### Services Table

Type of Service:	Number of Services Provided:	Percentage of Total Services Provided:
Accommodation	640	6%
Education/Vocational	1286	12%
Employment/Vocational	580	5%
Equipment & Supplies	897	8%
Family & Other Significant Relationships	353	3%
Financial	586	6%
Health & Wellness	2723	29%
Legal Issues	164	1.5%
Recreation & Leisure	113	1%
Sexuality	56	.5%
Transportation	170	2%
Overall Services Coordination/Quality Assurance	2945	28%
<b>TOTALS:</b>	<b>10,618</b>	<b>100%</b>

### Outputs—Information Services

The CPA (Manitoba) Inc. website [www.cpamanitoba.ca](http://www.cpamanitoba.ca) was maintained by webmaster George Tataryn. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter—layout and design Mike Nickle)
- Life After Spinal Cord Injury book
- Life After Spinal Cord Injury for Incomplete Spinal Cord Injuries book

- Guide to Pressure Ulcer Prevention book
- Children's book "....so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families book
- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program
- Brochures, articles, videos about SCI issues.

### Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year. This improves exchange of relevant information on priority issues to encourage full community participation for persons with SCI. Ongoing community collaboration included:

- City of Winnipeg Access Advisory Committee
- Handi-Transit Policy Advisory Committee
- Parking Permit Advisory Committee
- Provincial Solutions Committee
- Manitoba Spinal Cord Injury Research Committee
- Ten Ten Sinclair Housing Inc. Board of Directors
- Health Sciences Centre Rehabilitation Hospital SCI Program Management Team
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Barrier-Free Manitoba Initiative
- Rehabilitation resources to community, citizens, business, etc.
- Identification of presenters to schools and other community systems
- Disability in Emergency Management Network
- Assembly of Manitoba Chiefs
- Behavioural Health Foundation of Manitoba
- Aboriginal Centre
- Addictions Foundation of Manitoba
- Individual Employers
- Winnipeg Regional Health Authority—Wound Care Committee

## President and Executive Director's Report

The 2012/2013 fiscal year has been a year of both progress and challenge in meeting the ongoing concerns facing Manitobans with spinal cord injuries. CPA (Manitoba) Inc. continued to address timely issues with the direction of the Board and the delivery of quality services by the staff.

CPA (Manitoba) Inc. continues to maintain a focus on directing finite resources toward the delivery of front line services. The success of addressing the many challenges with limited resources is a result of the strong support of the Board of Directors, through its involvement in the Programs & Community Relations Committee and the Operations Committee; staff, through their dedication to providing quality services; and the staff and volunteers who, serve on other community committees and collaborate with CPA (Manitoba) Inc.

Highlights of some of the accomplishments of the past year include:

- Continuation of CPA (Manitoba) Inc. staff taking a lead role in developing service delivery outcomes for CPA rehabilitation services throughout Canada.

- Continuance of the initiatives funded through the “Going Forward Together” Agreement between the Government of Manitoba, CPA (Manitoba) Inc. and Rick Hansen Foundation. This includes:

- Collaboration in a new study investigating the validity of utilizing a grief recovery model for persons with spinal cord injury.

- One year extension of the “Stakeholder Training and Education for Pressure Ulcer Prevention” (STEP UP) Program. This program focuses on community-based health education and motivation for individuals who are high risk for getting a pressure ulcer.

- One year extension of the Aboriginal Services Coordination that addresses the priority needs in this area.

CPA (Manitoba) Inc. continues to identify important issues affecting Manitobans with spinal cord injury. It has responded to these challenges through thoughtful and deliberate action including consultation and collaboration with other community stakeholders. While there has been significant progress, we must continue to work hard on addressing current needs and facing future challenges:

- Ongoing involvement in the development of support for patients with SCI at the Health Sciences Centre Rehabilitation Hospital including a CPA ad-hoc committee to develop a clearer understanding of issues.

- The ever increasing demand for services continues to outpace current funding levels and is an ongoing challenge to be faced.

- As the funding provided under the Going Forward Together proposal in partnership with the Rick Hansen Foundation draws to a close, CPA (Manitoba) Inc. must continue to seek new sources of funds to maintain service delivery standards.

- Adapting to ongoing changes in service delivery models in the health care system in order to continue the high levels of holistic support CPA (Manitoba) Inc. has traditionally provided to its members will require new and innovative approaches.

- Further clarifying roles and responsibilities with the Health Sciences Centre Rehabilitation Hospital to improve coordina-

tion of service for in-patients as they prepare for their transition back into the community.

- Continue to secure a new location for CPA Office based on the planned move of the Society for Manitobans with Disabilities to a new location as well as the Health Sciences Centre Rehabilitation Hospital Spinal Cord Injury Unit to the River-view Health Centre in the coming years.

- CPA National and most of the Provincial CPA offices will be changing their name from CPA to Spinal Cord Injury (SCI). CPA (Manitoba) Inc. plans to continue operating under the present name and brand identity.

- Raising the public profile of CPA (Manitoba) Inc. to ensure that those who require our support are fully aware of who we are and what we provide to our members.

We sincerely appreciate the continued financial support of our funding partners, sponsors and supporters. We thank our current and retiring board members and our staff for their dedication and commitment to providing leadership, excellent administrative assistance and professional services of the highest quality to assist Manitobans with spinal cord injuries.

—John Wallis and Ron Burky

## 2012/13 CPA (Manitoba) Inc. Board of Directors

Patti Bonas\*

Art Braid\*— Executive

Pauline Day

Corrine Deegan\*

Dr. Karen Ethans

Ron Fortier

Jeannette Gougeon

JoAnn Morrissey

Leonard Steingarten\*

Adam Terwin — Treasurer

Tim Toor

Lynda Walker

John Wallis — President

John Wyndels\*— Vice President

## CPA (Manitoba) Inc. Staff

Ron Burky — Executive Director

Darlene Cooper — Director of Rehabilitation Services

Adrienne Conley — Executive Assistant

John Powell — Accounting Officer

Greg Winmill\*— Rehabilitation Counsellor

Maria Cabas — Rehabilitation Counsellor

Laurence Haien — Senior Rehabilitation Counsellor

Scott Coates\*— Rehabilitation Counsellor

Maureen Sullivan — Rehabilitation Counsellor

Willie Ducharme — Project Coordinator

Gail Burnside — Rehabilitation Counsellor

Shannon Dupont — Rehabilitation Counsellor

\*paraplegic or tetraplegic

## Canadian Paraplegic Association (Manitoba) Inc.

### Summarized Financial Statements

March 31, 2013

#### Financial Position

	2013	2012	2011
<b>Assets</b>			
Cash	\$272,818	\$377,890	\$295,785
Accounts receivable	149,993	25,942	44,982
Prepaid expenses	9,745	9,807	11,469
Fixed assets	6,437	4,296	4,677
Trust assets	262,108	772,755	1,088,304
	<b>\$701,101</b>	\$1,190,690	\$1,445,217
<b>Liabilities and Net Assets</b>			
Accounts payable and accrued liabilities	\$20,079	\$21,132	\$18,196
Government remittances	4,416	4,424	3,267
Accrued vacation pay	37,021	35,854	34,560
Deferred revenue	93,357	105,205	64,514
Funds held in trust	46,832	48,932	52,632
Trust liabilities	262,108	772,755	1,088,304
Net assets	237,288	202,388	183,744
	<b>\$701,101</b>	\$1,190,690	\$1,445,217

#### Independent Auditor's Report

To the Members of Canadian Paraplegic Association (Manitoba) Inc.

The accompanying summary financial statements, which comprise the summary statements of financial position as at March 31, 2013, March 31, 2012 and April 1, 2011 and the summary statements of operations and changes in net assets for the years ended March 31, 2013 and March 31, 2012 are derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the years ended March 31, 2013 and March 31, 2012. We expressed a qualified audit opinion on those financial statements in our report dated June 3, 2013. The summary financial statements do not contain all the disclosures required by Canadian Generally Accepted Accounting Standards. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc.

**Management's Responsibility for the Summary Financial Statements:** Management is responsible for the preparation of a summary of the audited financial statements. **Auditor's Responsibility:** Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, “Engagements to Report on Summary Financial Statements”.

**Opinion:** In our opinion, the summary financial statements derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the years ended March 31, 2013 and March 31, 2012 are a fair summary of those financial statements. The summary financial statements are qualified for the completeness of donation revenue not susceptible of satisfactory audit verification. Our qualified audit opinion states that, except for the fact that the completeness of donations revenue is not susceptible to satisfactory audit verification, those financial statements present fairly, in all material respects, the financial position of Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2013, March 31, 2012 and April 1, 2011 and its financial performance and its cash flows for the years ended March 31, 2013 and March 31, 2012 in accordance with Canadian generally accepted accounting principles.

DELOITTE & TOUCHE LLP—Chartered Accountants

Winnipeg, Manitoba—June 3, 2013

#### Revenue and Expenses and Changes in Net Assets

	2013	2012
<b>Revenue</b>		
Grants and contracted revenue		
Province of Manitoba	\$265,432	\$263,900
Health Canada	-	82,500
United Way of Winnipeg	126,887	126,837
Winnipeg Regional Health Authority	57,897	57,897
Workers Compensation Board	20,000	20,000
CPA National project grants	647	12,931
Rick Hansen Foundation	-	200
Rick Hansen Foundation Quality of Life Grant	7,138	27,114
	<b>478,001</b>	591,379
Fees for service – MPI & other	10,000	10,000
Miscellaneous	35,098	57,959
Recovery of equip. & training costs from/on behalf of paraplegics	24,939	18,573
	<b>548,038</b>	677,911
<b>Expenses</b>		
Amortization	5,105	3,763
Rehabilitation Services Program	369,388	430,425
Vocational Assist.	24,949	18,573
Quality of Life Grant	7,138	27,114
Advocacy/Information Program	105,568	129,392
	<b>513,138</b>	609,267
Excess of Revenue over Expenses from Continuing Operations	34,900	68,644
Transfer to Manitoba Paraplegia Foundation	-	(50,000)
Excess of Revenue over Expenses	34,900	18,644
Net Assets, Opening	202,388	183,744
Net Assets, Ending of Year	<b>\$237,288</b>	\$202,388

A complete set of financial statements and Auditors' Report may be obtained from the Association.

## Treasurer's Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2012/2013 year ending with an Excess of Revenue over Expenses of \$34,900.

Our revenue for the year was \$479,863. This was a decrease from the prior year as Health Canada ceased their funding, which amounted to \$82,500. The Canadian Paraplegic Association (MB) Inc. was able to provide a consistent level of service to its members despite this decrease in funding. Our expenses decreased in line with our revenue difference.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services.

I wish to thank our Accounting Officer, John Powell for his hard work and dedication, and thank Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

—Adam Terwin, Treasurer

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

- Frank Borowski
- Fred Boyko
- Arthur Braid
- Richard Byquist
- Corrine Deegan
- Sandra Doerksen
- Marjorie Dyck
- Greg Erlendson
- Estate of Ken Tacium
- Dr. Karen Ethans
- Keith G. Collins Ltd.
- Derek Legge & Kay Stewart
- Paul MacDonald
- Barbara Millward
- Rudy Niebuhr
- Jim Richardson
- Royal Bank of Canada
- Arnold & Orpha Schryvers
- Calvin Sinclair
- Spinal Cord Research Centre—U of M
- Leonard Steingarten
- Harold Swalwell
- June Thomson
- Donald Ulrich

## Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee and also Rick Hansen Wheels in Motion, and by informing CPA clients and members of research participation opportunities.