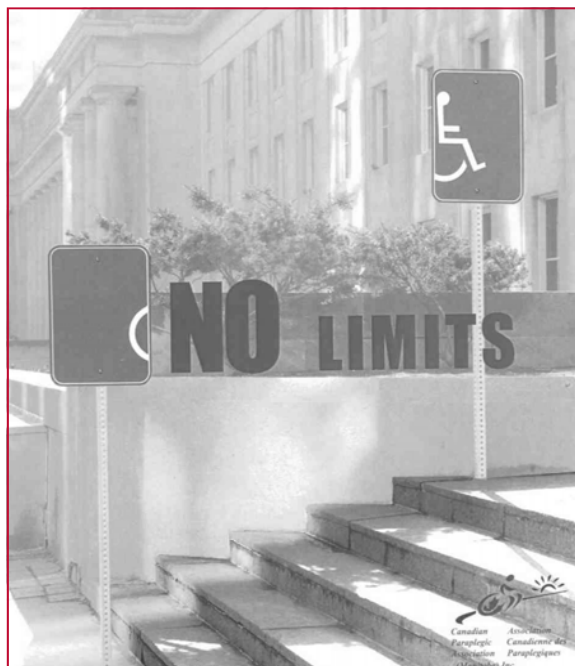


# Canadian Paraplegic Association (Manitoba) Inc.



**Mission:**  
To assist persons with spinal cord injury and other physical disabilities to achieve independence, self-reliance, and full community participation



## Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters, CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

### CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services.

#### Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

#### Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

#### Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

#### Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

#### Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

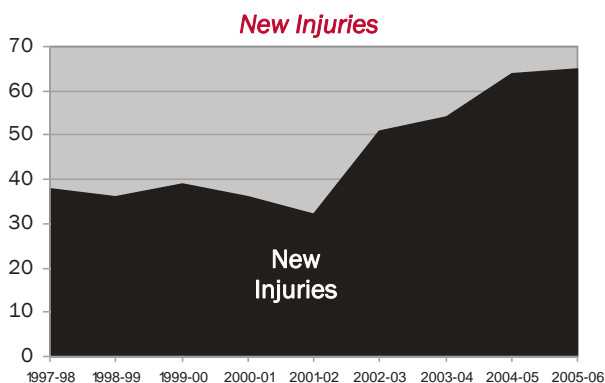
#### Information Services

CPA provides comprehensive and relevant information for stakeholders that include individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

## What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.



65 new SCI between April 1, 2005 and March 31, 2006. Of these (some statistics unavailable\*)

- 29 traumatic, 27 non-traumatic\*
- 34 paraplegia, 22 tetraplegia diagnoses\*
- 19 complete, 33 incomplete injuries\*
- 15 new injuries aged 35 and under, 41 aged 35+
- 51 male, 14 female
- 46 non-Aboriginal, 12 Aboriginal\*

### Outputs—Information Services

The CPA (Manitoba) Inc. website [www.cpamanitoba.ca](http://www.cpamanitoba.ca) is maintained by webmaster James Kraynyk. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter—editor Lorne Chartrand and layout and design James Kraynyk)
- Total Access (CPA National Magazine)
- Life After Spinal Cord Injury book
- Guide to Pressure Ulcer Prevention book
- Brochures, articles, videos about SCI issues.

## Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed the following client services outputs during the year for 504 clients.

Type of Service:	Number of Services Provided:	Percentage of Total Services Provided:
Accommodation	996	10.69
Client Identified Issues	34	.36
Education/Vocational	485	5.19
Employment/Vocational	843	9.03
Equipment & Supplies	694	7.44
Family & Other Significant Relationships	187	2.00
Financial	695	7.45
Health & Wellness	1225	13.13
Legal Issues	96	1.03
Recreation & Leisure	245	2.63
Sexuality	65	.70
Supports for Independence	142	1.52
Transportation	233	2.50
Overall Services Coordination/Quality Assurance	3391	36.34
<b>TOTALS:</b>	<b>9331</b>	<b>100</b>

## Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year including:

- Providing feedback to Elections Canada
- Participation on City of Winnipeg Access Advisory Committee
- Solution Team leadership for Rick Hansen Foundation
- Participation with Family Services and Housing working groups 1 and 3
- Service reconfiguration report to Provincial Government
- Active involvement in SCI Team to heighten community awareness of ongoing health issues
- Community collaboration with citizens, business and other ancillary organizations
- Identification of speakers for schools and other community systems
- Cooperation in LMAPD Program evaluation
- The City of Winnipeg Accessibility Award
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Handi-Transit Policy Advisory Committee
- Universal Design Committee for new airport terminal.
- Parking Permit Advisory Committee
- WRHA Wheeled Mobility Committee



**Celebrating 60 Years of Achieving**



Since 1946, CPA has been active in Manitoba. The Central Western Division of CPA was formed in 1946 at Deer Lodge Hospital in the form of a 37 member club organized and headed first by Eric Lyle, and then A.T. (Tony) Mann. In August of 1946 the first formal board meeting was held, and over the past 60 years, CPA (Manitoba) Inc. has been hard at work to champion the rights of persons with disabilities while providing holistic rehabilitation services, as well as information and advocacy for the newly injured and their loved ones. Throughout 2006 CPA (Manitoba) Inc. will be celebrating the past 60 years, and looking ahead to 60 more.

## President and Executive Director's Report

The last year has been one of Changes, Challenges and Celebration. The Board of Directors continued to focus on its three strategic initiatives: enhancing public image, expansion of services and professionalism.

The development and execution of activities in support of these initiatives is a direct result of the hard work of: the Board of Directors through its involvement in the Programs & Community Relations Committee and the Operations Committee; staff through their dedication to providing quality services; and staff and volunteers who serve on other community committees and contribute so much to this organization.

During the past year:

- The CPA 60th Anniversary ad-hoc committee has planned an Anniversary Dinner Celebrating 60 Years of Achievement. Set for the fall of 2006, this event will showcase the history and accomplishments of the Association while honouring individuals who have made the last 60 years of service and excellence possible.
- The successful sustainment of fund development activities such as the Chocolate Almond Program. It has exceeded our financial goal and the program will be expanded with the introduction of an additional representative in the coming year.
- The ongoing participation in the Rick Hansen Solutions in Motion Alliance within Manitoba.

We have faced challenges that have required flexibility and innovation in order to continue to maximize our quality of services. We will continue to respond to these and other challenges.

- The Brandon Walk 'n Roll fundraiser has become a bi-annual event as the organizing committee continues to sustain itself within the limited resources in the Westman Region.

Changes in staff included new Executive Director, Communications and Public Education Coordinator and Rehabilitation Counsellor for Aboriginal Services positions.

The Association is now operating with a full complement of staff. We thank all staff and volunteers for their dedication and commitment through this transition.

- The planned relocation of the Health Sciences Centre Spinal Cord Injury Unit to the Riverview Health Centre has required thoughtful and constructive input from CPA to ensure that the concerns for quality service delivery are being understood and addressed. We have developed and delivered a response to this planned move that has encompassed a comprehensive perspective of the issues facing individuals with spinal cord injury as they progress through their rehabilitation.

Our CPA National Office has seen a significant turnover in staff. The National Board of Directors in conjunction with National Office staff has embarked

on a reorganization of the roles and priorities of the National Office as it strives to strengthen its organizational and financial structure.

The coming year will afford opportunities for the Association to celebrate its accomplishments as well as to address ongoing challenges.

- Continue to provide input to the Winnipeg Regional Health Authority regarding our perspective on the issues involved in the planned move of the Health Sciences Centre Spinal Cord Injury Unit.
- Support our National Office as it hires a new Executive Director and moves forward through the operational phase of its reorganization.
- Proactively consider how to prioritize our service delivery configuration as demand for service increases and funding levels continue to be outpaced.
- Continue to balance prudent fiscal management with the commitment to professionalism to ensure quality service.
- Continue to acknowledge and support our team of professionals to ensure retention of a dedicated staff and the provision of consistent, professional service.

We thank our funding partners, sponsors and supporters for their continued financial commitment. We thank our current and retiring board members for their guidance and valuable contribution to our Association. We commend our team of dedicated staff and volunteers for their caring commitment to delivering services that improve the lives of persons with spinal cord injury.

*-Ernie Hasiuk and Ron Burky*

## CPA (Manitoba) Inc. Staff

Ron Burky—Executive Director

Darlene Cooper—BGS, BSW, CCRC,  
Director of Rehabilitation Services

Teresa Nickerson—Communications & Public Education  
Coordinator

Adrienne Conley—Executive Assistant

Roslyn Dooley—Accounting Officer

\*Greg Winmill—RRP, Rehabilitation Counsellor

\*Dan Joannis—BRS, Rehabilitation Counsellor

Maria Cabas—Rehabilitation Counsellor

\*Liz Lobban—Rehabilitation Counsellor

\*Colin Mathieson—Community Resource Specialist  
(Barrier Free Design/Recreation)

\*Alan Schultz—Rehabilitation Technician

## Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in Rick Hansen Wheels in Motion, and by informing CPA clients and members of research participation opportunities.

## Canadian Paraplegic Association (Manitoba) Inc.

### Summarized Financial Statements

March 31, 2006

Financial Position	Revenue and Expenses and Net Assets	
	2006	2005
<b>Assets</b>		
Cash	\$132,227	\$103,187
Accounts receivable	61,495	76,813
Fixed assets	22,145	22,438
	<b>\$215,867</b>	<b>\$202,438</b>
<b>Liabilities and Net Assets</b>		
Accounts payable and accrued liabilities	\$17,975	\$24,464
Accrued vacation pay	31,729	37,823
Deferred revenue	60,913	64,674
Net assets	105,250	75,477
	<b>\$215,867</b>	<b>\$202,438</b>

## Auditors' Report

### To the Members of Canadian Paraplegic Association (Manitoba) Inc.

The accompanying summarized statement of financial position and statement of revenue and expenses and net assets are derived from the complete financial statements of the Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2006 and for the year then ended. In our auditor's report on the complete financial statements dated March 31, 2006, we expressed a qualified opinion because we were unable to satisfy ourselves concerning the completeness of donation revenue. The fair summarization of the complete financial statements is the responsibility of management. Our responsibility, in accordance with the applicable Assurance Guideline of the Canadian Institute of Chartered Accountants, is to report on the summarized financial statements.

In our opinion, the accompanying financial statements fairly summarize, in all material respects, the related complete financial statements in accordance with the criteria described in the Guideline above.

These summarized financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Readers are cautioned that these statements may not be appropriate for their purposes. For more information on the entity's financial position, results of operations and cash flows reference should be made to the related completed financial statements

DELOITTE & TOUCHE LLP  
Chartered Accountants  
Winnipeg, Manitoba  
May 10, 2006

Revenue	Revenue and Expenses and Net Assets	
	2006	2005
Grants and contracted revenue		
Province of Manitoba	\$245,100	\$238,000
Health Canada	74,047	71,494
United Way of Winnipeg	112,700	106,080
Winnipeg Regional Health Authority	56,027	54,928
Workers Compensation Board	20,000	20,000
CPA National project grants	92,903	71,609
Aboriginal Healing Foundation	-	1,563
Manitoba Paraplegia Foundation Inc.	14,416	24,653
Winnipeg Foundation	23,000	27,500
Rick Hansen Foundation	9,722	5,593
	<b>647,915</b>	<b>621,420</b>

Fees for service – MPI & other	15,971	24,668
Miscellaneous	36,826	30,105
Recovery of equip. & training costs from/on behalf of paraplegics	51,789	35,198
Total revenue	<b>752,501</b>	<b>711,391</b>

Expenses	2006	2005
Amortization	17,270	19,647
Rehab. Services Program		
Salaries & Expenses	458,756	505,833
Vocational Assist.	51,789	35,198
Advocacy/Information Program	134,913	151,548
Total expenses	<b>662,728</b>	<b>712,226</b>

Transfer to Manitoba Paraplegia Foundation	60,000	-
Excess (Deficiency) of Revenue over Expenses	29,773	(835)
Net Assets, Beginning of Year	75,477	76,312
Net Assets, End of Year	<b>\$105,250</b>	<b>\$75,477</b>

A complete set of financial statements and Auditors' Report may be obtained from the Association.

### 2005/06 CPA (Manitoba) Inc. Board of Directors

*Art Braid—Executive	*Earl McArthur
Andrew Carrier	Bill Neill
*Corrine Deegan	Rudy Neibuhr—Executive
*George Dyck	Harvey Pollock
Dr. Karen Ethans	*Leonard Steingarten—Treasurer
Ed Giesbrecht—Vice President	Lynda Walker
Ernie Hasiuk—President	John Wallis
*Randy Komishon—Past President	*John Wyndels
Rich Ludwick	* paraplegic or tetraplegic

## Treasurer's Report

On behalf of the Board, I am pleased to report that the 2005/2006 year ended with an Excess of Revenue over Expenses of \$29,773, including a transfer to the Manitoba Paraplegia Foundation Inc. of \$60,000.

We intend to use these funds in the future to bring expanded service to our clients.

Our *Total revenue* increased by \$41,000 which is made up of numerous variances in funding and can be referred to on page 7 of the Audited Statements which indicates that all of our major funders increased their support.

Our expenses set out on page 8 of the Audited Financial Statements decreased by \$63,712. This was caused primarily as a result of an unbudgeted reduction of Salaries due to staffing changes and the difficulty of timely replacements. The rest of the expenses with few variances were basically consistent with the prior year.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services.

I wish to thank our Accounting Officer, Roslyn Dooley for her hard work and dedication, and thank Bruce Jack and Gabriella Zaporozan of Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

*—Leonard Steingarten, Treasurer*

In addition to the funders mentioned above, CPA (Manitoba) Inc. wishes to thank its other grantors and donors, including the following sustaining, charter and patron donors:

- |                               |                       |
|-------------------------------|-----------------------|
| • Myra Danielson              | • Dr. Karen Ethans    |
| • Beryl Maguire               | • Anonymous           |
| • Arthur Summers              | • Arthur Braid        |
| • U of M Spinal Cord Research | • Marianne Bossen     |
| • Robert Wroblewsky           | • Bev Lysyshin        |
| • John Thorpe                 | • Harold Swalwell     |
| • Audrey McIlraith            | • Calvin Sinclair     |
| • Patti Bonas                 | • Denis Wasylyk       |
| • Corrine Deegan              | • Melvin Goodwin      |
| • Randy Komishon              | • Leonard Steingarten |
| • Martin Erlichman            | • Effie Loubardias    |